

# Dermapure+

ADVANCED SKINCARE DISTRIBUTOR

## *Press Coverage*



BEST  
HYDRATING  
SERUM



PRINT & ONLINE  
**PRESS**

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**DermaQuest DermaClear Pads**

DermaClear Pads are great for acne sufferers as they help to remove impurities and excess oil from the skin. With 2% salicylic acid, these clarifying pads deeply penetrate the skin, decongesting clogged pores and reducing the appearance of imperfections. The pads can be used anywhere susceptible to acne, such as the face, neck, chest and back, and work by gently exfoliating skin while simultaneously cooling and calming, helping to reduce irritation.

**Trade: £13.39**

**01932 339160**

**dermaquestinc.co.uk**



**Dermologica PowerClear Peel**

As part of the brand's professional Power Peel line, Dermologica has developed the PowerClear Peel. With 2% salicylic, 10% mandelic and 15% lactic acid, the complex targets blemishes, post-inflammatory hyperpigmentation, scarring and redness. The formula also features Dermologica's patented terpineol-thymol (T-T) complex to reduce sebum and regulate the microbiome, preventing further breakouts. The pro peel formula can be used with other Dermologica peels but the treatment must follow the brand's core protocol on services.

**Trade: £67.50**  
**0800 117 7147**  
**dermatologica.co.uk**

**Spot on**



**Hive Solutions Anti Acne Peel Off Mask**

This newly reformulated Anti Acne Peel Off Mask deeply cleanses the skin to leave it feeling smooth, as well as helping to tackle blemishes featuring bustock leaf extract, which provides an anti-inflammatory boost, and tea tree oil to clean and relieve irritated skin. The mask acts as a treatment for acne, or as a deep cleanse for clients with particularly oily skin. It's suitable for all skin types and can be peeled off after treatment.

**Trade: £3.45**  
**0845 450 4802**  
**hiveofbeauty.com**



Help clients banish acne breakouts and post-inflammatory hyperpigmentation with these professional skin products

**Image Skincare Masque Kit**

The professional brand has unveiled a new skincare kit to target masque (mask induced acne) - including Max Stem Cell Facial Cleanser, which is an acid-, sulfate- and paraben-free gentle cleanser featuring peptides and plant extracts to balance the skin's natural pH. iMask Probiotic Super-Green Mask to detoxify while balancing the skin's natural flora, and Clear Cell Restoring Serum to soothe and hydrate while absorbing surface oils.

**Trade: £54.80**  
**0345 504 0461**  
**imageskincare.co.uk**

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**Trade: £13.39**  
**01932 339160**  
**dermaquestinc.co.uk**



**Mesoestetic Pure Renewing Mask**

This intensive treatment purifies and exfoliates oily and acne-prone skin to leave it feeling fresh and looking clear. White clay absorbs excess oil and shine from the skin surface, while the synergism of salicylic acid, mandelic acid and sodium tetrapotrate provides a comedolytic, refining, anti-bacterial and anti-blemish action, and biodegradable cellulose particles provide a modulable mechanical exfoliating to further help unclog and refine pores.

**Trade: £18**  
**01625 529540**  
**mesoestetic.com**



**Murad InvisiScar Resurfacing Treatment**

Now available in a 30ml jar, Murad's InvisiScar Resurfacing Treatment is a velvety smooth, non-comedogenic cream suitable for all skin types that are experiencing acne blemish scarring and post-inflammatory hyperpigmentation (PIH). The cream is formulated with salicylic acid and gluconolactone to accelerate cell turnover, ethically sourced tiger grass to support the skin's natural barrier, and pure vitamin C, plus hyaluronic acid, to even out skin tone and visibly reduce the appearance of dark spots caused by scarring.

**RRP: £35**  
**0844 472 7050**  
**murad.co.uk**



**Skin Geek Cleansing Mitts**

Skin Geek has released a set of double-sided Cleansing Mitts for blemish-prone complexions to encourage thorough cleansing of the skin. Featuring a soft side that's suitable for use around the eyes and a textured side for the second cleanse, the mitts can be used alone with warm water or with client's favourite cleansing milk or micellar water. The mitts come in a box of seven, so clients can use one mitt every night and then wash all the mitts at the end of the week in the laundry bag provided to ensure a hygienic cleanse.

**Trade: £12**  
**01324 306018**  
**skingeek.co.uk**



Featured: DermaQuest CBD Healing Balm  
Circulation: 1,348,033



# OUR ROYAL SADNESS

**■ PALACE SAYS DUCHESS'S RACISM CLAIMS BEING 'TAKEN VERY SERIOUSLY' AND WILL BE 'ADDRESSED PRIVATELY'**  
**■ CONCERNED TO LEARN THE EXTENT OF HOW CHALLENGING IT HAS BEEN FOR THE SUSSEXES**  
**■ STRESSES THAT 'HARRY, MEGHAN AND ARCHIE WILL ALWAYS BE MUCH LOVED FAMILY MEMBERS'**

by AIDAN RADNEDGE

**The war of the Windsors**

THE Queen has broken her family's silence over the Duke and Duchess of Sussex's TV accusations, revealing her sadness and offering an olive branch - but disputing their 'concerning' claims of royal racism.

In her first response to their interview with Oprah Winfrey on Sunday, she expressed sympathy but surprise at their 'challenging' experiences but insisted the couple and their son would always be much-loved family members.

The 94-year-old promised their accusations of racism would be taken seriously but hinted they were disputed.

Her 61-word statement, released by Buckingham Palace, read: 'The whole family is saddened to learn the full extent of how challenging the last few years have been for Harry and Meghan. The issues raised, particularly that of race, are concerning. While some recollections may vary, they are taken very seriously and will be addressed by the family privately. Harry, Meghan and Archie will always be much-loved family members. The historic statement came on one

Much-loved: Meghan and Prince Harry

Continued on Page 2

POLL REVEALS NATION'S VERDICT ON OPRAH INTERVIEW | THOMAS MARKLE: I NEVER DRESSED LIKE HITLER Pages 2-3

## GAIN WITHOUT THE PAIN

Soothe running niggles with these lotions, potions and pills...

**UDDERLY SMOOTH**  
FOOT CREAM

**FIGHT**  
SUPPORT BONE STRENGTH  
WITH VIT D, CALCIUM & PHOSPHORUS  
BERRY FLAVOURED GUMMIES

**MOO-VE IT**  
Redex Udderly Smooth Foot Cream contains rich moisturising ingredients to fix rough, dry skin. £8.02, [amazon.co.uk](http://amazon.co.uk)

**EASY DOES IT**  
Dermaquest CBD Healing Balm includes lavender and cannabidiol to ease aches. £56, [dermaquestinc.co.uk](http://dermaquestinc.co.uk)

Dermatology  
HONG HUA YOU RED FLOWER TRAUMA OIL  
100ml

**DERMAQUEST**  
CBD Healing Balm

**BERRY WELL**  
Berry-flavoured Fight vitamin gummies, with calcium, vitamin D and phosphorus to support healthy bones. £16.79 for 60, [amazon.co.uk](http://amazon.co.uk)

**MUSCLE MAGIC**  
Rich in anti-inflammatories Hong Hua You Red Flower Trauma Oil blends frankincense and myrrh to warm and relax muscles. £38, [dermatology-m.com](http://dermatology-m.com)

**ELEMENTS**  
MUSCLE BALM  
Relax & Soothe

**JOINT ENTERPRISE**  
Optima Glucosamine Joint Complex is a triple-action gel for connective tissue, joint and muscle care. With aloe vera, devil's claw, MSM and essential oils. £7.30, [beautynaturals.com](http://beautynaturals.com)

**Glucosamine Joint Complex**  
Gel

**OIL YOUR ENGINE**  
Elements Muscle Balm contains soothing rosemary, eucalyptus and peppermint essential oils. £18, [elementsboutiquespa.co.uk](http://elementsboutiquespa.co.uk)

**IMPROVE YOUR IMMUNITY TODAY!**  
The latest advice on vitamin D to stay healthy & well

**TOP Sante**  
GOOD HEALTH STARTS HERE

**STOP BACK & HIP PAIN**  
All with 4 simple moves & stretches

**HAVE MORE ENERGY**  
Why low stomach acid can lead to tiredness!

**'I lost 8 stone in time for my wedding!'**  
Be inspired by our real-life story

**16-PAGE SPECIAL**

**BEAT TUMMY BLOAT**  
Expert advice and best foods for a happy flatter stomach

**CELEBRITY HEALTH**  
**Kimberly Wyatt on self-care and eating well**

APRIL 2021 £4.99  
KELLY media g 770967 667943

**FEEL LIGHTER & BRIGHTER**  
Simple spring recipes to nourish your body

## HEALTH | CBD

Using a topical CBD product can effectively target problem areas.

### BUYERS' GUIDE

**Honest Hemp CBD Essential Lip Balm** (£12.99, honesthemp.co.uk) is an organic, flavour-free balm to soothe sore, chapped lips and leaves them protected.



**Dermaquest Replenishing Eye Cream** (£66, dermaquestinc.co.uk) is potent but extremely gentle – almost all eye creams cause some irritation for me, but not this one!





Eco Warrior Moisturising Boys & Girls Shaving Bar - Bergamot & Lime Essential Oils 100g £4.50

DermaQuest CBD Blue Light Defense SPF 30 – UV & blue light protection all in one! £66  
dermaquestinc.co.uk



# GUILD NEWS

*Featured:* DQ CBD, Winter Cranberry Mask & DQ Retinol Serums

*Circulation:* 19,000

"Vitamin A is needed to maintain the health of the skin," adds Lindsay Tallant, training specialist at DermaQuest. "We naturally make vitamin A, but it is depleted every day due to external factors such as UV damage, blue light, pollution and lifestyle."

Ideal to minimise pigmentation and even skin tone, DermaQuest's Retinol Brightening Serum features a state-of-the-art delivery system (kemspheres) to transport active ingredients deep into the layers of the skin where they are most effective. The transformative nature of 2% retinol refines and rejuvenates by offering a significant exfoliation, fortifying epidermal-dermal structure and hydration, as well as working to lift dark spots and discoloration.

**Dermapure: 01932 339 160**



Cosmeceutical Skincare 57



New Launches 35

### DermaQuest

The DermaQuest CBD collection has been developed to deliver anti-ageing, antioxidant and anti-inflammatory effects. Suitable for all clients, the range contains a hemp-derived 99.7% pure, THC-free CBD isolate. Encapsulated in a hydrolysosome delivery system, DermaQuest's CBD is stabilised to ensure a safe and effective distribution of the active ingredient when applied to the skin. Paired with other high-powered ingredients, the results-driven line is available in eight efficacious formulas, offering a selection of CBD-infused balms, creams, SPF's and tinctures.

**Dermapure: 01932 339 160**

### DermaQuest

Ideal for use during the harsh winter months, DermaQuest's Winter Cranberry Mask is brimming with antioxidants from organic berries and the stimulating benefits of cinnamon and ginger. These ingredients work together to regenerate skin, quash lines and wrinkles, and lift discoloration. Although extremely exfoliating, the active enzyme mask is hydrating and nourishing too, making it suitable for clients with thicker and more resilient skin types.

**Dermapure: 01932 339 160**



### Hive

With hand sanitising set to be part of all of our daily lives for the foreseeable future, Hive Solutions have released its upgraded Hand Cleanser 200ml. The brand details that the new formulation features a 70% alcohol volume, making it capable of killing 99.99% of germs. Although strong, the no-rinse antibacterial gel is anything but harsh, as the improved fragrance boasts fruity pineapple notes blended with cool herbal peppermint and spearmint.

**Hive of Beauty: 0845 450 4802**



N JANUARY

# Bridging the gap

We take a closer look at how the latest cosmeceutical-based treatments and retail products can help clients maintain healthy skin.





GIVEAWAYS | FREE FOR YOU

WORTH  
£915!

# FREE FOR YOU

Put a spring in your step with our amazing prizes this month.

## 5 X CUTCH CANDLE BUNDLES, WORTH £240

Bring light, warmth and cosiness to your home with a lovely duo from **Cutch** ([cutchcompany.co.uk](http://cutchcompany.co.uk)). The company formed only last year during lockdown, and is already rising up the ranks in the candle world! Each prize includes a 200g **Self Embrace candle** (worth £30), plus a 70g **A Loving Cutch candle** (worth £18).



## 2 X OUTFITS FROM NEW LAURA WHITMORE X DARE2B RANGE, WORTH £200

Two lucky readers will get an outfit from the new **DARE2B** ([dare2b.com](http://dare2b.com)) capsule collection, designed in collaboration with TV personality, Laura Whitmore. The 13-piece range consists of technical sports bras, statement leggings, vests and jackets, and come in a myriad of vibrant colours and bold prints. Prize is dependent on availability of styles and sizes. Each outfit is worth £100.



## 1 X PRIMAL HEALTH CONSULTATION, WORTH £250

**Primal Health Coach Charlene Gisèle** ([charlenegisele.com](http://charlenegisele.com)) is a certified yin yoga teacher, meditation facilitator, primal nutrition and movement coach. She's offering one reader an **online health consultation**, including an introduction to the power of nutrient-dense foods and how primal movement patterns can help improve your physique. You will also get the chance to apply for her 90-Day Mind-Body-Spirit Blueprint, as well as an invitation to an online Meditation Club event.

## 1 X DERMAQUEST STEM CELL 3D COMPLEX, WORTH £225

**DermaQuest** ([dermaquestinc.co.uk](http://dermaquestinc.co.uk)) is giving away a pot of its **Stem Cell 3D Complex**, worth £225. The plant-based stem cell formula packs a powerful punch to help repair damaged tissue and deeply hydrate the skin. Using plant stem cell technology to boost collagen synthesis by up to 30 per cent in two months, this luxurious cream could soon be in your hands.



T&C: Top Santé and Kelsey Media cannot be held responsible for any adverse reactions to any of the prizes on offer. Please consult your GP before undertaking any new health and fitness course.

HOW  
TO  
ENTER

Visit [topsante.co.uk](http://topsante.co.uk) and click on the 'Win' tab at the top of the homepage, then go to the competition/s you wish to enter. Each story has a link taking you to the entry page on our Kelsey Shop website, where you can also sign up to our regular newsletter. You have until 11.59pm on April 12 to enter. Good luck!



### ***Age Fighting Cleanser***

A luxurious cleanser which removes make up, dirt and impurities while hydrating and softening a dry skin, repairing complexion while also nourishing to combat dryness. The DermaQuest Stem Cell 3D Facial Cleanser is packed with highly restorative plant stem cells and the latest age fighting technology. The cleanser hydrates parched skin and encourages firmer, smoother skin, making this the ultimate age fighting cleanser.

[www.dermaquestinc.co.uk](http://www.dermaquestinc.co.uk), £42



*Featured:* DermaQuest Algae Polishing Scrub

*Circulation:* 19,000

Retailing: Facial Exfoliators 111

### DermaQuest

DermaQuest's Algae Polishing Scrub utilises jojoba beads to remove excess skin cells through gentle physical exfoliation. Deeply hydrating, this product primes the skin for water absorption while relaxing algae extract soothes inflammation. Plus, it will leave skin smooth and prepped for serums or advanced treatment products.

**Dermapure:**  
**01932 339 160**



*Featured:* DermaQuest GlycoBrite Hands & Body

*Circulation:* 19,000



Retailing: Body Care 107

Double click to zoom

## Body talk

From nourishing lotions to revitalising scrubs, we round-up the latest in body care products suitable for retailing to clients.



108 Retailing: Body Care

### Australian Bodycare

Offering gentle exfoliation, this scrub contains crushed apricot and sandalwood nutshells to smooth rough skin and calluses for a fresher, softer, and rejuvenated feel. The natural antiseptic, antibacterial properties of tea tree oil interact with other ingredients to draw out impurities, make-up, and dirt for the ideal skin detox.

**Australian Bodycare: 01892 750 850**

### Dermalogica

The Phyto Replenish Body Oil's antioxidant-rich blend of French plum seed, avocado, and sunflower seed oils all feature skin-replenishing omega fatty acids plus vitamin E to help protect the skin's lipid barrier. It's lightly infused with bright bergamot, neroli, and orange too, along with relaxing aromas of patchouli and sandalwood.

**Dermalogica: 01372 363 600**



### DermaQuest

This full-body, anti-ageing treatment cream from DermaQuest is fortified with 10% glycolic acid for effective exfoliation, while shiitake mushroom extract is included for its brightening and anti-inflammatory benefits. Sea fennel plant stem cell and brightening peptides also feature to even and improve unwanted discoloration on the body.

**Dermapure: 01932 339 160**



### Medik8

Medik8's Smooth Body Exfoliating Kit instantly revitalises rough, dry, or bumpy skin in just three steps. Featuring both AHAs and BHAs, the trio of products work together to smooth visibly raised skin bumps caused by keratosis pilaris. The kit can also be used to tackle ingrown hairs and uneven fake tan.

**Medik8: 020 8712 6020**

## Featured: Self-Tan Application Mitt & Instant Self Tan Mousse

Circulation: 19,000

62 Tanning Retail



### Vitage

Clients can customise their tans thanks to these highly concentrated Illuminating Tanning Drops from Vitage that can be used to create an all-over natural-looking glow by adding just one to two drops to their daily moisturiser or lotion. Suitable for all skin types, it's fuelled by antioxidants and natural ingredients.

Skinbrands: 03330 142 434



### Sunescape

Designed to provide a perfect application of Sunescape's self-tanning products, this luxurious velvet, double-sided self-tan mitt includes a thumb area so clients can achieve a flawless, streak-free tan. It's ideal for total tanning control even in the most difficult areas like the back of knees, décolletage, neck, and elbows.

Dermapure: 01932 339 160



### MoroccanTan

This fast-absorbing, self-tanning oil provides a continuous surge of hydration to the skin and is infused with MoroccanTan's signature ingredient, pure organic argan oil, as well as organic rose absolute. Suitable for all skin types, it delivers instant colour designed to be worn straight away and will continue to develop over time, with no rinse-off required.

Sweet Squared: 0333 000 7000

### Matis

The Self-Tanning Gel from Matis brings a progressive, uniform tan adapted to your client's skin tone for a natural effect. With a fresh and pleasant fragrance, the gel's unique non-sticky texture melts into the skin without leaving any traces and also helps to maintain moisture, suppleness, and softness.

French Beauty Expert: 0191 510 5003



Tanning Retail 61

### Sunescape

With this super-lightweight, non-sticky, easy-to-apply velvety mousse from Sunescape, clients can achieve a radiant bronzed tan in minutes. It's enriched with conditioning macadamia nut, coconut, and avocado oils to keep skin hydrated and nourished, while added antioxidants from green tea, Kakadu plum, grape seed extract, and vitamin E will help to nourish and protect.

Dermapure: 01932 339 160



### MoroccanTan

MoroccanTan Primer is designed to prep skin before tanning or can be used as a weekly treatment. This exfoliator works by buffing away dead skin cells, leaving the body feeling polished, nourished, and cleansed.

Sweet Squared: 0333 000 7000



### South Seas

This ultra-luxe body balm is formulated with intensely moisturising shea butter, beeswax, coconut oil, avocado oil, vitamin E, jojoba, and pineapple to hydrate and prevent the skin from absorbing excess tan and looking patchy. Paraben-free, it also features 100mg organic hemp CBD.

Lycan UK: 0207 590 9300



### Sienna X

Sienna X's best-selling Gradual Self Tan Lotion hydrates, combats cellulite and provides a customisable tan. Suitable for all skin types, it's an ideal option for first-time tanners or those who prefer a light and natural look. With a holiday-feel coconut scent, it's formulated with lemon peel extract, aloe vera, and cocoa butter for silky smooth skin.

Sienna X: 0333 600 1200



SKINCARE

# GET even

Help your clients prevent and clear pigmentation and melasma with these brightening home care treatments



1

**Kaeso Vitamin C Drops**  
Vitamins C and E work together to help revive dull complexions and lighten pigmentation. The vegan and cruelty-free drops can be used alone, or mixed with a moisturiser, to help brighten skin.  
Trade: \$7.55  
0141 814 1420  
kaeso.co.uk



2

**DermaQuest GlycoBrite Hand and Body**  
Formulated with 10% glycolic acid, this formula is ideal for treating pigmentation areas on the hands and body. Shiitake mushroom extract and sea fennel plant stem cells work in tandem to brighten and hydrate skin.  
\$20.84  
01932 339160  
dermaquestinc.co.uk



3

**SummeCosmetics BeClarity Dark Spot Eraser**  
This concentrate is designed to be applied directly on localised areas of hyperpigmentation with a cocktail of azelaic acid, niacinamide, phytic acid and arbutin.  
Trade: \$10.12  
07539 536968  
skin-care.com



4

**Eve Taylor Illuminating Serum**  
A combination of mulberry extract, vitamin C, balm mint, and skullcap and speedwell herb extracts address pigmentation as a result of sun exposure, hormonal hyperpigmentation, post-breakout marks and other uneven skin tone-related concerns.  
Trade: \$12.50  
01733 260161  
eve-taylor.com



NEW PRODUCTS

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*Pevonia*

The new De-Stress Escape Aromatic Oil is designed to enhance clients' de-stressing treatments and self-care experiences. Safflower and squalene reduce skin dryness and dehydration, while lavender, chamomile, grapefruit and rose oil extracts promote relaxation as they deliver hydration and protect the skin barrier. This oil is recommended for dry and mature skin types to reduce irritation and flakiness.  
Trade: \$50 for 60ml; \$26.20 for 15ml  
01449 727011  
pevonia.co.uk



*Dr Renaud*

For \$521, Dr Renaud has three new skincare gift sets, each featuring two products in a cosmetics bag. The Carrot Radiance Bag includes Carrot Radiance Boost Day Cream and Carrot Scrub Detox; the Iris Radiance Lift Bag has Iris Radiance Firming Lift Cream and Iris Radiance Lift Eye Contour; and the Rose Global Anti-Ageing Bag contains Rose Plumping Volumising Cream and Rose Plumping Eye & Lip Contour Balm.  
Trade: from \$15.50 to \$32.50  
01280 817881 (Skin Evolution)  
skinevolution.co.uk

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*Sunescape*

Sunescape's new Dry Tanning Body Oil is a fast-drying, quick-absorbing and non-greasy self-tanning body oil that hydrates and moisturises the skin. Enhanced by natural ingredients such as soothing aloe vera and almond, pomegranate and coconut oils, as well as antioxidant-packed vitamin E, it offers buildable, long-lasting, streak-free colour, prevents the formation of dry, scaly skin and develops into a natural bronze within four hours.  
Trade: \$8.95  
01932 339160 (Dermapure)  
dermapure.eu



18

*Institute BCN*

BCN Lipid-Peptides is a multi-target treatment designed to restructure the connective tissue and act on localised fat deposits, creating a slimmer silhouette. Containing ingredients phosphatidylcholine, sodium desoxycholate, caffeine, carnitine, acetyl hexapeptide-39, pentapeptide-25 and pentapeptide-52, BCN says the product helps to enhance lipolysis, obtaining a draining effect and stimulating microcirculation, which works to target fatty tissue, leading to localised volume loss and remodelling of the body contours. It also claims to improve the appearance of cellulite.  
Trade: on request  
07904 655213  
institutebcn.com

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*Featured:* DermaQuest Advanced B5 Hydrating Serum

*Circulation:* 40,032

**ULTIMATE MOISTURISING FOR YOUR FACE**

The ultimate injection of moisture for a hot summer's day, **DermaQuest Advanced B5 Hydrating Serum** (£62, [dermaquestinc.co.uk](http://dermaquestinc.co.uk)) instantly infuses skin with hydration, equivalent to your recommended eight glasses a day. With a concentrated formula of 40 per cent hyaluronic acid, its three molecular weights penetrate deep into the dermis to attract and retain water throughout the skin. Combined with vitamin B5, it keeps collagen intact to prevent the ageing effects of transepidermal water loss, enhancing elasticity and revealing a soft, supple, hydrated complexion.

DermaQuest Advanced B5 Hydrating Serum (£62, [dermaquestinc.co.uk](http://dermaquestinc.co.uk)).



**HAVE HEALTHY, HAPPY HANDS**

Bridging the gap between clean and hydrated hands, Babington Soap Co. has created a hand sanitiser with a difference. Their 99.9 per cent plant-based Moisturising Hand Sanitiser kills 99.9 per cent of harmful bacteria, pairing effective sanitisation with nourishing hydration to counteract the harsh effects of alcohol. Containing the unique ingredient chitosan – a plant-based, pharmaceutical grade moisturiser – it mimics the role of sebum to form a protective barrier, preventing skin cell water loss to leave hands feeling soft and silky. A powerful formula in a bijou bottle, this travel-sized sanitiser offers on-the-go protection with an uplifting lemongrass scent. **Babington Soap Co. Plant-based Moisturising Hand Sanitiser** (£8 for travel size, [babingtonsoap.co.uk](http://babingtonsoap.co.uk)).



**SUMMER ESSENTIALS**

Get healthy and happy with the latest wellbeing products to enhance your life.

**NEW FROM THE LAND OF ICE AND FIRE**

New from award-winning Iceandic brand GeoSilica, is **RENEW Hair, Skin & Nails** (£19.95 for 300ml, [amazon.co.uk](http://amazon.co.uk)). Containing 100 per cent natural silica sourced from geothermal water deep within Iceland's volcanic earth and additional minerals zinc and copper, it provides targeted support for hair, skin and nails. Effects on hair and nails can be seen in as little as 4-5 weeks, and skin, within 3-10 weeks. All GeoSilica products are certified vegan and the extremely small particle size means the silica solution is easily absorbed by your body. You can find GeoSilica RENEW and the rest of the range on [amazon.co.uk](http://amazon.co.uk).



**KRILL – THE SUPER OMEGA-3 OIL**

Krill oil is superior to fish oil due to its unique phospholipid superstructure omega-3, as well as its antioxidants and the nutrient choline, which is great for brain health. Krill oil is now seen as the gold standard in omega-3 supplements. **Silvertown Health krill oil** (£17.97+p&p for 60 capsules, [silvertownhealth.co.uk](http://silvertownhealth.co.uk)) is harvested in the Antarctic seas to provide unparalleled omega-3 quality. **TOP SANTÉ OFFER:** New customers can buy one get one free plus get a free home spa beauty mask. Visit the website above or call the order line on 0345 0956903. Offer ends 31/7/21.

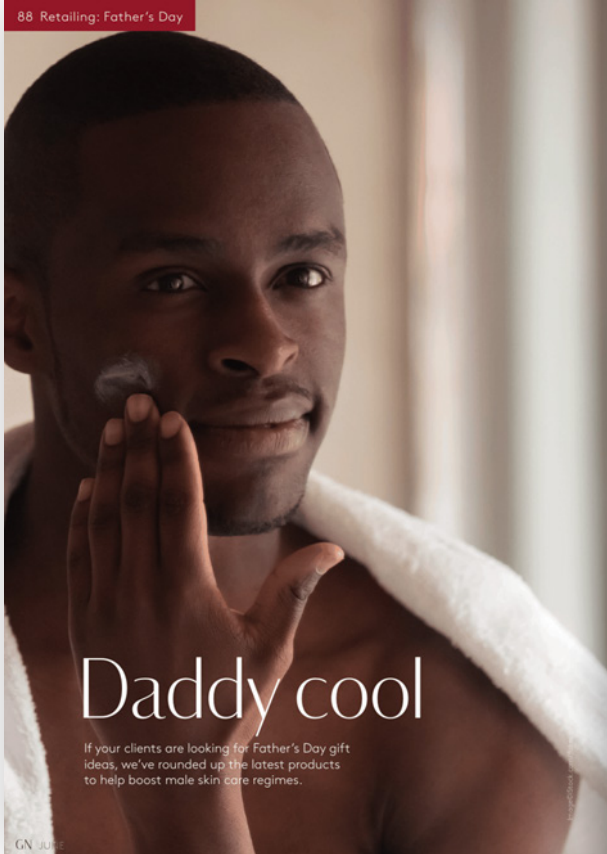




# GUILD NEWS

*Featured:* SheerZinc SPF30, StemCell 3D Cleanser & Stem Cell 3D Tinted Moisturiser  
*Circulation:* 19,000

88 Retailing: Father's Day



## Daddy cool

If your clients are looking for Father's Day gift ideas, we've rounded up the latest products to help boost male skin care regimes.

GN JUNE



### Australian Bodycare

This transparent and non-foaming shave gel allows dad to see exactly where he's shaving, making it ideal for fine detailing on beards, sideburns, and other facial hair styles. It effectively conditions the skin as active ingredients, including tea tree oil, helps prevent nicks and razor burn to give a close, comfortable shave with a lively zing.  
**Australian Bodycare: 01892 750 850**



Retailing: Father's Day 89

### DermaQuest

DermaQuest's Stem Cell 3D Facial Cleanser removes dirt and impurities, as well as hydrating and softening dry skin. Packed with highly restorative plant stem cells, this luxurious product also helps repair the complexion while nourishing it to combat dryness, leaving skin smooth and thoroughly cleansed.  
**Dermapure: 01932 339 160**

### Matis

This two-in-one energising shower gel with mineral complex and provitamin B5 gently cleanses hair and body in one simple gesture. Thanks to its invigorating texture, the hydrating product provides a pleasant feeling of freshness and wellbeing.  
**French Beauty Expert: 0191 510 5003**



### Celluma

The three-mode mini Celluma POD emits blue, red, and near-infrared wavelengths to treat a variety of skin and pain conditions. This portable light therapy device is ideal for targeting specific areas while at home or on the road.  
**Celluma: 0203 981 3993**



60 SPF Skincare



< Australian Gold's SPF 50 Botanical Face Lotion can double up as a primer or foundation thanks to its hypoallergenic, fragrance-free formula. It's available in a selection of tints and boasts vegan certification on both its medium-to-tan and deep-to-rich shades.  
**Cyano: 0808 108 7778**

> This medium-weight, emollient daily moisturiser with broad spectrum SPF 50 helps protect against UVA and UVB rays. Easily blendable for a smooth finish, antioxidant white tea, rich in polyphenols, and a unique polypeptide also feature to help improve the appearance of photoaged skin.  
**DermaLogica: 01372 363 600**



< DermaQuest's SheerZinc SPF 30 defends skin against UVA, UVB, and infrared rays while protecting delicate elastin protein from breaking down. This 100% physical sunscreen is light enough to wear under make-up and harnesses the power of zinc oxide, as well as being gentle enough for acneic skin and even retinol users.  
**Dermapure: 01932 339 160**

> Lightweight and non-oily, Nimue's Tinted SPF40 offers a dual focus in providing a certified high broad spectrum UVA/UVB protection and anti-ageing benefits to assist in reducing and preventing the visible signs of photoaging. It's available in four options - No Tint, Light, Medium, or Dark Tint.  
**Sweet Squared: 0333 000 7000**



GN JUNE

92 Retailing: Father's Day



### Celluma

The Celluma HOME is a two-mode LED device that addresses specific age-related challenges including wrinkles, arthritic pain, muscle and joint pain, muscle spasm, and poor blood circulation. It can be used anywhere on the body including over the face and delivers the same results as the brand's other systems but in a compact size.  
**Celluma: 0203 981 3993**



### DermaQuest

To help protect the skin, DermaQuest's Stem Cell 3D SPF 30 Tinted Moisturizer is a moisturising sunscreen with zinc oxide and elix-ir which improves existing fine lines and wrinkles, while simultaneously preventing future damage and giving the skin a healthy glow.  
**Dermapure: 01932 339 160**

### mesoestetic

mesoestetic's antiaging collagen 360° line works to improve skin firmness thanks to the high concentrations of enriched marine collagen it provides. Products include collagen 360° essence serum with lifting effect, while collagen 360° eye contour contains tightening active ingredients to smooth skin and reduce the appearance of wrinkles, under-eye circles, and fatigue signs.  
**mesoestetic: 01625 529 540**



GN JUNE

*Featured:* PRIORI Acquisition  
by Dermapure

*Circulation:* 19,000



## Dermapure appointed exclusive UK distributor of PRIORI

Dermapure has been appointed exclusive distributor of PRIORI in the UK.

Founded in 2006, the skin care distribution specialist already supplies such brands as DermaQuest and Sunescape to salons, spas, and clinics across the country. Formulated using proven scientific research and high-quality ingredients, the new addition of PRIORI to its range will enable Dermapure to respond to the growing need for personalised, inclusive, and accessible skin solutions, via PRIORI's Adaptive Skincare approach.

Gary Baulch, founder and managing director of Dermapure, comments: "I know our clients will love PRIORI products and the brand's reputation for innovation. PRIORI perfectly complements our existing brand portfolio with a unique position within our core offer via highly active AHA based formulations and more, responding to a gap in the market that our clients were asking to be filled."

Featured: DermaQuest Peptide Glyco Cleanser

Circulation: 45,000

FEEL WELL



## Doctor's Clinic Dr Ifeoma Ejikeme

Skin can be gorgeous at any age – here are my top tips for improving your glow



Dr Hazel Wallace  
@thefoodmedic



Dr Rangan Chatterjee  
@drchatterjee



Dr Megan Rossi  
AKA The Gut Doctor  
@theguthealthdoctor



TALKING POINT

As we mature, there are some changes that occur throughout the body and skin is no different. After the age of 20, we produce around one percent less collagen each year. Products and treatments need to focus on ensuring the changing needs of the skin are met. You might be coming up to perimenopause or menopause and changes in moisture in the skin can occur. We all produce something known as GAG (glycosaminoglycan), which helps with water balance in the skin. When our oestrogen count decreases, so does GAG, which means that the skin is not able to hold on to the water as much as it used to. This means you'll need to lean on ingredients in your skincare routine to help pull moisture into the skin and lock it in. Hyaluronic acid, glycerin, aloe, ceramides and niacinamide are all types of ingredients which will be very helpful to help prevent dryness. Next, you want to consider active ingredients, such as retinoids and antioxidants, to help with things like pigmentation and to help increase the skin turnover, which means you'll see more glowing skin as well. When it comes to treatments, it's time to think about combination strategy. Things like radio frequency, High Intensity Focused Ultrasound (HIFU) and microneedling can be helpful to stimulate collagen and thicken the skin. Let's take each of these in turn. Microneedling is a treatment which uses very small needles, usually on a device or a pen, to cause micro injury to the skin. As the skin heals, it produces more collagen and elastin – you'll notice your skin looking plumper and firmer. HIFU and radio frequency stimulate collagen using energy, doing these treatments a few times a year can be helpful to boost the skin. Dermal fillers can be an excellent treatment in your 40s and 50s onwards to fill hollows in the temples, lifting brows, sculpting cheekbones, reducing the nose to mouth lines, bringing shape back to the lips, treating the jawline, the chest and even the hands. These treatments can be done with micro droplets placed in the different areas to give a harmonious look that's gentle and natural. At the clinic, I find combination techniques including excellent products and selected treatments give the most natural results.

### MY HERO PRODUCTS

#### Gentle cleansers:

CeraVe Hydrating Cleanser for Normal to Dry Skin (£9.50, [boots.com](https://www.boots.com)). This contains hyaluronic acid and ceramides to gently hydrate the skin. It's helpful for those with sensitive complexions. DermaQuest Peptide Glyco Cleanser (£32, [skincare.co.uk](https://www.skincare.co.uk)). An active cleanser with peptides to boost the skin and glycolic acid to exfoliate, it's helpful for those with hyperpigmentation.

#### Antioxidants:

Medik8 C-niva liquid serum, C Radiance Serum (£35, [medik8.com](https://www.medik8.com)) and Skinceuticals Resveratrol B E (£135, [skinceuticals.co.uk](https://www.skinceuticals.co.uk)). These neutralise free radicals which can cause hyperpigmentation, redness, irritation and dull skin.

“Active ingredients, such as retinoids, will help with things like pigmentation and skin turnover”

#### Retinoids:

Ciara: 1% Retinol (£57.78, [skinstation.co.uk](https://www.skinstation.co.uk)) and Medik8 Stable Retinol Night Serum Vitamin A Crystal Retinal 3 (£45, [medik8.com](https://www.medik8.com)). These retinoids are gentle enough to be used by first time retinoid users. Start by applying it three times a week and slowly increase use. Retinoids increase the skin turn over to reveal fresher brighter looking skin, help fade dark marks and increase collagen products. These are just some of the reasons it is a favourite ingredient.

#### SPF:

This is crucial at any age. Epionce Ultra Shield SPF50 (£31, [epionce.com](https://www.epionce.com)) is a hydrating SPF which can be used on all skin types for sensitive skin. **H-W**

#### For more, connect with

Dr Ifeoma Ejikeme, skin expert and medical director/founder of Aboona Medical Clinic. Follow on Instagram [@ifeoma\\_ejikeme](https://www.instagram.com/ifeoma_ejikeme)

## MY HERO PRODUCTS

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What products do you use on your skin? We love to hear from our readers; drop us a line at [letters@healthwellbeing.com](mailto:letters@healthwellbeing.com) and you could be featured in next issue.



*Featured:* DermaQuest  
Re-Awakening Facial

*Circulation:* 17,252

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TREATMENT NEWS

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*Dermaquest Re-Awakening Facial*

Designed to work as a post-lockdown treatment, this oxygenating and hydrating facial works to bring sluggish skin back to life by improving tone and texture and reducing pigmentation. It is designed to provide deep exfoliation and help scavenge free radicals.

It begins with a double cleanse using Essential Daily Cleanser, before application of exfoliating mask Firming Enzyme Treatment Set, using a brush. Once the mask has been removed, Dermaprime is used to prep skin before Lactic Acid Resurfacer is applied for a second exfoliating step. The peel is then neutralised before the skin is enhanced with Skinbrite Solution then nourished with application of Hydrating Gel Mask, which is massaged into the skin. LED can then be used to enhance the effects, before final application of finishing products.

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Dermpure recommends charging £65 for the 60-minute facial.  
01932 339160 / dermaquestinc.co.uk



# *Glow UP*

This month's launches include facials to get clients' post-lockdown skin back in shape

*Featured:* DermaQuest Essential Moisturiser  
& Essential B5 Hydrating Serum

*Circulation:* 10,230

I'm concerned to hear that blue light from laptop and phone screens can age your skin as much as the sun's rays do. Each time Apple sends me a judgemental screen-time report I cringe at the amount of hours I spend soaking up these blue rays, unprotected. Dermaquest kindly sent me their essential moisturiser which contains blue light protection whilst keeping your skin balanced and healthy. I'm also excited to hear it's infused with hyaluronic acid and antioxidants as frankly, I need all the help I can get right now. The Essential B5 Serum is the perfect partner to layer on first. It uses advanced liposome technology to give your skin a shot of 50% hyaluronic acid and a hefty dose of ferulic acid which helps to boost the effects of the moisturiser's antioxidants. Dermaquest has aesthetically pleasing bottles, and an ethos to provide results-driven skincare with ethically sourced, cruelty free ingredients and recyclable packaging. This is the brand our blue light-soaked lockdown-skin needs to rejuvenate and hydrate, and protect us from the screens we refuse to give up.

***Dermaquest Essential Moisturiser (£69) and Essential B5 Hydrating Serum (£68) are available at Dermaquest UK***

## Alpha Hydroxy Acids

Alpha Hydroxy Acids, or AHAs as they're commonly referred to, are "natural water-soluble acids made from plant or animal products such as sugar, milk, and fruit," said Dr Ife J Rodney, founding director of [Eternal Dermatology + Aesthetics](#) in Columbia, MD. "AHAs work by helping to break the bonds between surface skin cells in order to increase peeling and cell turnover. They also stimulate collagen production in deeper skin layers, which results in more youthful, radiant-looking skin with a more even skin tone and texture." AHAs are best for people wishing to target early signs of ageing, uneven skin tone, and clogged pores.

**Glycolic Acid:** Glycolic acid is one of the most common AHAs. It's naturally derived from sugarcane and has the smallest molecular size, making it one of the strongest acids as it can penetrate deep into the skin. This means that it can have impressive results when used correctly. "Glycolic acid gives the best result on smoothing fine wrinkles, treating pigmentation, and general exfoliation," said Dr Kristina Semkova, consultant dermatologist at the [Cadogan Clinic](#). Due to its molecular size, it can cause "irritation for sensitive skin, so use it cautiously," Dr Semkova added. Not building up your skin's tolerance can result in a compromised skin barrier.

### Dermatologist-Approved Glycolic Acid Products:

- Cleanser: [DermaQuest Peptide Glyco Cleanser](#)
- Serum: [Murad Vita-C Glycolic Brightening Serum](#)
- Peel: [Isdinceutics Night Peel](#)



*Featured:* DermaQuest Retexture Serum  
*Circulation:* 10,000

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**This lightweight serum uses 1 per cent retinol to thoroughly exfoliate and refine skin texture, while visibly reducing the signs of fine lines and wrinkles**

Its nourishing formulation is ideal for those seeking the benefits of retinol, without the downtime or irritation that traditionally comes with over use.

Use once or twice a week to help repair early signs of sun damage and to hydrate, brighten and renew the skin.



*Featured:* DermaQuest Essential B5  
& Sheer Zinc

*Circulation:* 62,000

## BEAUTY – THE NATURAL BEAUTY PRODUCTS WE COVET

POSTED BY EDITOR ON DECEMBER 1, 2020 IN BEAUTY, LIFESTYLE | [LEAVE A COMMENT](#)

I like skincare that blends nature and science. **Dermaquest Essential B5 Hydrating Serum** is my new daily staple. It is super intensive yet lightweight hydrating serum, delivering instant and dramatic results. My skin feels taut as if I had a sculpting facial; face looks radiant and luminous. This powerful serum is my ultimate go-to and I look forward to applying it day and night.

It is no surprise why this formula is such a top performer. It contains Glutamine (a building block for proteins), Ferulic Acid (fights off free radicals) and Plankton extract (supports skin regeneration). Through liposome technology this serum penetrates the skin's many layers.

For daytime, I layer it with **Dermaquest Sheer Zinc SPF30**. This mineral based sunscreen absorbs quickly and offers very natural finish without any residue. It is gentle even after retinol use or for acne-prone skin.

I am so happy with the silky veil of this SPF and serum that I stopped wearing my foundation. Essential B5 Hydrating Serum makes my skin feel pampered and firm whilst Sheer Zinc SPF30 protects it from UVA and UVB damage.

This is such a mighty duo that I dearly covet!

[Dermaquest Essential Hydrating B5 Serum](#) £68

[Dermaquest Sheer Zinc SPF30](#) £49





## Why we're getting dry lips and how to make them soft again.

**H**as anyone else been suffering from unusually dry lips at the moment? It truly is a blessing in disguise to have to wear masks right now because these lips are not a sight for sore eyes. Painful, chapped lips are definitely something we want to get rid of ASAP. So we spoke to Therapist and Training Specialist at [DermaQuest](#) Lindsay Tallant about how we can nourish our lips back to health.

Just like the rest of our body, our lips need regular hydration. "By drinking our 8 glasses of water a day, our body will be hydrated and this will extend to the lips," Lindsay advises. She also recommends using a good product that has been designed for the lips to moisturise and protect.



"If your lips are sore, chapped, dry and irritated then I would recommend the [DermaQuest CBD Blue Light Defense SPF30](#). This is a moisturising SPF which will hydrate and protect the delicate lip area, with the benefit of CBD which helps reduce inflammation, soothe and calm dry, irritated skin."

### What products should we avoid?

The main cause of dry lips is the products we are using. Lindsay says any product that causes a stinging sensation is not good news. "If it stings it's not helping, it can actually cause irritation and soreness." A good product will not cause any irritating sensations.

If your lips are chapped, Lindsay suggests ditching the flavoured lip balms: "They taste nice but will encourage you to lick your lips more often, which will remove the balm and can cause dryness from repeated licking."

She also says, when shopping for a product, look out for camphor, eucalyptus, lanolin, and menthol on the ingredients list. They might feel nice initially, "these ingredients are all stimulating and give a cooling sensation but this can create a burning sensation on chapped lips causing more irritation and discomfort," she tells us.

# CRAVE

*Featured:* DQ Retexture Serum

*Circulation:* 10,000

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**Lip products – DermaQuest Stem Cell 3D Lip Enhancer |£51| [dermaquestinc.co.uk](http://dermaquestinc.co.uk)**



No access to lip fillers? No problem! The DermaQuest Stem Cell 3D Lip Enhancer instantly plumps and hydrates lips, with key ingredient neodermyl which helps rebuild collagen and elastin for added volume and structure. In addition, maxi-lip peptide helps to restore a healthy lip line and colour while coffee seed oil instantly and painlessly plumps lips. The perfect purse addition to fill in for those longed-for salon trips!

## CBD



CBD has been growing in popularity for years, and offering relief from everything from pain to acne, it's not hard to see why. Whilst CBD has many benefits, one of the most celebrated is its ability to help with sleep issues. As a powerful anti-inflammatory, CBD is thought to help users to manage their anxiety, and help to break down a build-up of chronic stress within the body – which ultimately helps you to get a more restful night's sleep.

Dermaquest have created a range of CBD elixirs that are easily incorporated into your daily routine, and are tailored for both day and night-time use. The Sleep Elixir is designed specifically for use at night, and has been flavoured by soothing Vanilla to help to relax the body and mind to help send you to sleep.



INDEPENDENT

*Featured:* DQ CBD Replenishing Eye Cream  
*Circulation:* 796,908

## DermaQuest CBD replenishing eye cream, 14.3g



We put this one to the test on the dry, tired, puffy eyes of sleep-deprived mums, so it really had a challenge to take on. But we were very pleasantly surprised by the results. After just a week on twice-daily use, we found that eye bags and fine lines were reduced and there was no hint of irritation in sight. One tester was hesitant to give any eye cream a go, as every other product they had tried had resulted in instant stinging and redness, but that wasn't the case with this gentle option.

# CRAVE

*Featured:* DermaQuest Retexture Serum  
& DermaClear Pads

*Circulation:* 10,000

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## DERMAQUEST Algae Polishing Scrub | £29.00 |



This algae polishing scrub utilizes jojoba beads in place of traditional plastic beads to remove excess skin cells through gentle physical exfoliation. It leaves the skin smooth and prepped for serums or advanced treatment products. Deeply hydrating, this scrub primes the skin for water absorption while relaxing algae extract soothes inflammation. Plastic-free and environmentally safe; algae polishing scrub provides gentle exfoliation, leaving skin smooth and primed for a serum!

## DERMAQUEST DermaClear Pads | £32.00 |



These clarifying pads help remove impurities and excess oil from your skin by exfoliating it with hero ingredient salicylic acid. The formula penetrates the skin, to reduce impactions and decongest clogged pores. The DermaClear pads are an effortless way to refresh and cleanse anywhere, anytime. Banish breakouts and temper acne with our cooling, exfoliating pads.

Ideal for acne prone and oily skin types, the pads are particularly effective in reducing inflammation in active lesions and neutralizing acne causing bacteria. Can be used on face, neck, chest, or back.

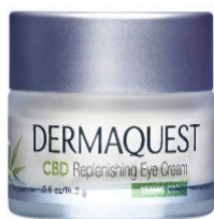
*Featured:* C Infusion Cream  
& CBD Eye Cream

*Circulation:* 3,500

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**DermaQuest C Infusion Cream** retails at £57 and contains all of these ingredients. It also claims to prevent ageing of the eye area for as long as possible.



If you've really been through it this past year and you're looking for a hard-core product, Lindsay recommends the **CBD Replenishing Eye Cream** which retails at £67: "It's the richest cream in the DermaQuest range and the addition of CBD helps to amplify the other ingredients. It also contains BV-OSC, a stable form of Vitamin C and also Argan Oil for its moisturising benefits."

## Courtney Black talks mental health, beauty routines and her go-to fake tan for bronzed skin

Plus the sweat-proof tinted moisturiser she wears in every workout



BY [AIMEE JAKES](#) | POSTED ON 21 03 2021

*We love a bit of self-care and all this time at home over the last year has really given us an excuse to look after ourselves inside and out. Each week, we'll be asking the celeb lot to share their Sunday self-care routines, because taking care of yourself is more important than ever.*

### Quickfire round:

**Last TV show you binged?** Through Her Eyes... quite morbid!

**Go-to cuppa?** I love an English Breakfast Tea with normal milk and a stevia.

**Favourite face mask?** [DermaQuest Clay Mask](#).

## Spring 2021 Beauty – Skin maintenance & repair

### DermaQuest Retinol Peptide Youth Serum



Cosmeceutical skincare brand DermaQuest has an amazing range of pro-quality retinols suited to various different skin types but we're particularly taken with Retinol Peptide Youth Serum, which is perfect for countering advanced ageing concerns.

For those in need of radical skin rejuvenation, the Retinol Peptide Youth Serum pairs 2% retinol with powerful peptides to double-up on anti-ageing effects. Working to reverse stubborn signs of photo-ageing, the super-strength serum accelerates cellular turnover, increases collagen production and thickens the lower dermal layers to reveal skin that is smoother, firmer and more even in tone. So say farewell to fine lines and wrinkles and hello to more youthful radiance. It's potent though, so go easy and only use once a week when first starting out.

From [Derma Quest Inc](#)



*Featured:* DQ Sheer Zinc Tinted Moisturiser  
*Circulation:* 50,000

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#### DermaQuest's 2-in-1 Tinted Sunscreen



***Fashions Finest Says: A great sunscreen for wearing under make-up on your face and neck.***

Get excited about fresh air again and ease your way back into the outdoors with this tinted SPF 30 broad-spectrum protection with a sun-kissed complexion!

This sunscreen not only softens signs of aging, but also has a restorative effect on your skin's previous sun exposure. The texture is light enough to wear under makeup, and tinted to help provide an even skin tone to your skin.

DermaQuest's 2-in-1 tinted sunscreen harnesses the power of zinc oxide to guard and protect your skin by blocking harmful UV rays from penetrating the skin, and innovative InfraGuard provides infrared, blue light and pollution protection.

Combining organic Sunflower Sprouts with Tara Tannins from the Peruvian Andes, InfraGuard inhibits cell damage by blocking the formation of free radicals and supporting mitochondrial functions within the skin.

While shielding against environmental aggressors, the sheer tint effortlessly evens out complexions and leaves skin with a luminous glow. The mineral based sunscreen absorbs quickly, working to shelter your skin.

*Featured:* DQ Acne Management Kit  
*Circulation:* 10,000



### *Dermaquest Acne Management Kit*

Clear and control breakouts using the powerful combination of alpha and beta hydroxy acids to purify and exfoliate, while reducing the pore-clogging oils that can cause future blemishes. Crafted to hydrate the skin while keeping your complexion balanced and beautiful, these oil-free blends harness the anti-inflammatory power of lilac plant stem cells and other botanicals, leaving skin calm, clear and shine free for hours. This set is the ultimate essentials kit with an SPF, Cleanser, Serum and Moisturiser for the perfect daily skincare routine.

Shop the kit at [Dermaquest](#).



*Featured:* DermaQuest SPF

*Circulation:* 18,999,442

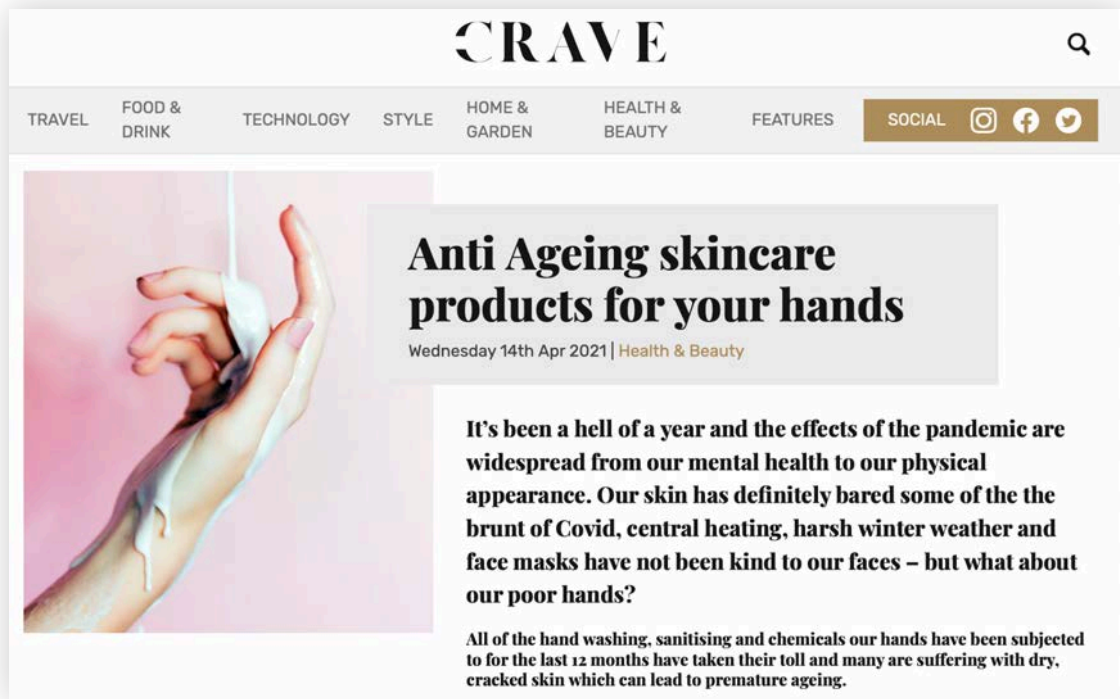
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Lindsay Tallant, [Dermapure](#) National Training Manager said it's essential to wear SPF on all areas of exposed skin to protect against UVA/UVB/Infrared and blue light.




Speaking to The Sun she added: "UV rays, infrared and Blue Light can cause stress and damage to the cells within our skin and this can lead onto premature ageing, pigmentation and worse, skin cancer.


"Individual skin tones will react differently in the sun depending on skin type...some will burn straight away and some will tan but both reactions can cause damage, therefore it is essential to apply SPF to all areas that will be exposed to the sun and reapply it every 2 hours to protect it.

"Only applying SPF to certain areas may achieve a temporary tanned contoured effect for example, but this can lead onto longer term damage which may not be immediately visible on the skin. "



**CRAVE** Q

TRAVEL   FOOD & DRINK   TECHNOLOGY   STYLE   HOME & GARDEN   HEALTH & BEAUTY   FEATURES   SOCIAL   



## Anti Ageing skincare products for your hands

Wednesday 14th Apr 2021 | Health & Beauty

**It's been a hell of a year and the effects of the pandemic are widespread from our mental health to our physical appearance. Our skin has definitely bared some of the the brunt of Covid, central heating, harsh winter weather and face masks have not been kind to our faces – but what about our poor hands?**

All of the hand washing, sanitising and chemicals our hands have been subjected to for the last 12 months have taken their toll and many are suffering with dry, cracked skin which can lead to premature ageing.

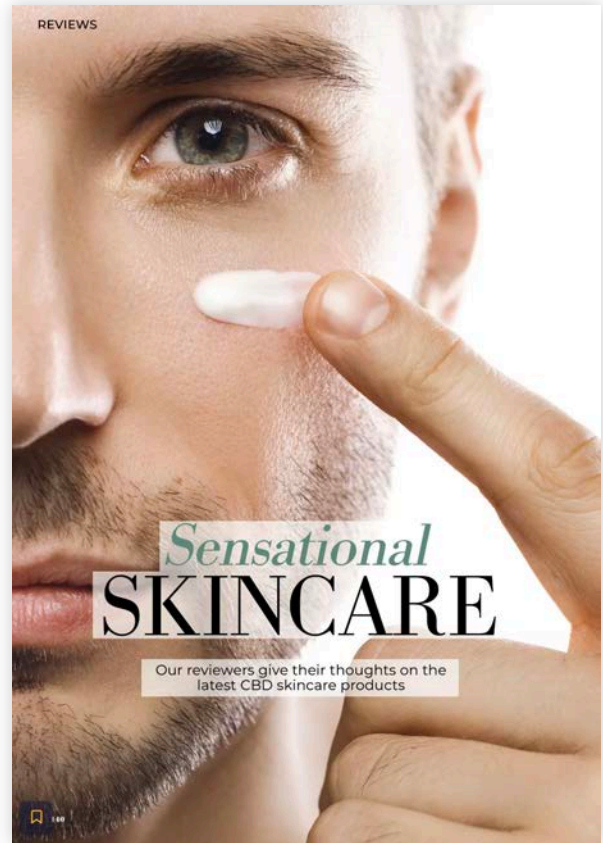
Anti Ageing skincare – [DermaQuest's GlycoBrite](#)



DERMAQUEST  
GlycoBrite  
Hand and Body  
SkinBrite  
6 FL OZ / 177.4 ml

Specifically formulated to address ageing concerns on the hands and body, **DermaQuest's GlycoBrite** tackles everything from sun spots and wrinkles to loss of elasticity.

Boasting a **10% Glycolic Acid** formula, this treatment cream accelerates skin cell turnover for an instantly more youthful appearance. Harnessing the brightening benefits of **Shiitake Mushroom Extract** – a natural alternative to **Hydroquinone** – it lifts and lightens pigment to diminish the appearance of pesky age spots. The combination of **DermaPep Peptides** and **Sea Fennel Plant Stem Cells** help further even out skin tone while locking in moisture, leaving skin feeling velvety smooth, toned and bright.



REVIEWS

### Dermaquest CBD Blue Light Defence SPF 30

Review by Carrie Strouther

When I discovered an SPF with CBD, I just had to give it ago. This is definitely the thickest SPF I've used. The consistency is more like a face cream than a conventional SPF. There is a slight blue light to the cream too, so it may be best to mix it with your face cream before applying. I started using the SPF when it was particularly sunny and I noticed a level of protection that would not have been there if it wasn't for the Dermaquest SPF. As this is lower SPF than what I would traditionally use, I would reach for it on those indoor or cloudy days.

### Nature Drops CBD Face Cream 100mg

Review by Caroline Debarra

My skincare routine needs a serious overhaul after all the sunshine we've enjoyed lately. Suddenly, a lot of my heavier creams are just too oily for the season. I was happy to see the all-natural Nature Drops face cream melt into my skin without leaving an oily residue. The soothing effects of the lavender and the anti-inflammatory properties of the ginger have helped keep my skin feeling soft. I'm making an effort to cut down on plastic so the glass jar container wins Nature Drops full marks for presentation.

### Cerious Soothing Skin Serum

Review by Alicia Snow-Simpson

This little green bottle contains natural ingredients like shea butter extract, blackcurrant, rosemary leaf extract and chamomile. Best of all it's synthetic-free, mineral oil-free, paraben-free and completely vegan friendly. What I enjoy the most about the serum is that you can use it directly on your skin or by adding a couple of drops into your daily skincare products. I tried the serum over the course of a week, applying it directly onto my skin and incorporating it into my moisturiser. I personally preferred to use the serum in conjunction with my moisturiser as it saved time and added hydration. There is a slight stinging sensation when applied but this dies down after a couple of minutes. Overall, I enjoyed Cerious' Soothing Skin Serum and shall definitely carry on using it in my skincare routine.

### Rya Organics Lip Conditioner

Review by Caroline Debarra

I suffer from dry and cracked lips, even in the warmer months. I've used so many different products designed to help with this, yet nothing seems to work. The Rya Organics Lip Conditioner was a lovely change from using balms. It felt incredibly moisturising on my skin and provided good coverage which helped my lips to feel much softer. Arnica oil combined with moisture-locking meadowfoam seed stopped my lips from cracking while the CBD and CBG provided relief from existing cuts.

### J'anicals Deep Sea Rebalancer - CBD Gel Cleanser

Review by Caroline Debarra

I've been looking for a lighter cleanser that can help keep my skin clean. J'anicals CBD Gel Cleanser has provided me with the perfect way to balance the extra oil and sensitivity my skin has been experiencing of late. It contains aloe vera which has helped to soothe any redness from spending too many hours in my garden while the broccoli and citrus has given my skin a lift. I love how soft my skin feels after using the cleanser. It's really hydrating and gives my skin a refreshing, deep-pore cleanse.



**A COOL DRINK**  
If the hot days have got the best of your skin, treat it to the cooling and soothing properties of the new Summer Papaya Mask from DermaQuest. It delivers essential hydration to dry, dehydrated or sun-damaged complexions. Top tip: store in the fridge and apply to skin after sun exposure for the ultimate cooling effect.  
**£52, dermaquestinc.co.uk**

beauty



**CAFFEINE HIT**  
This skin smoothing caffeine serum aims to improve the appearance of the skin. Rich in protective antioxidants, gentle AHAs work to enhance the appearance of dry or damaged skin by reducing flaking and restoring suppleness. No need for that extra latte.  
**£34.90, doctorformula.co.uk**



**A TASTE OF PARIS**  
We adore a hassle-free product and this 2-in-1 cleansing balm is ideal for removing your make-up and hydrating your skin. The balm transforms into a milky texture, leaving you with a soft and glowing complexion.  
**£45, odile.co.uk**



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**£52, dermaquestinc.co.uk**

LOVE.  
WANT. NEED

Take a peek at our top beauty picks for the month ahead



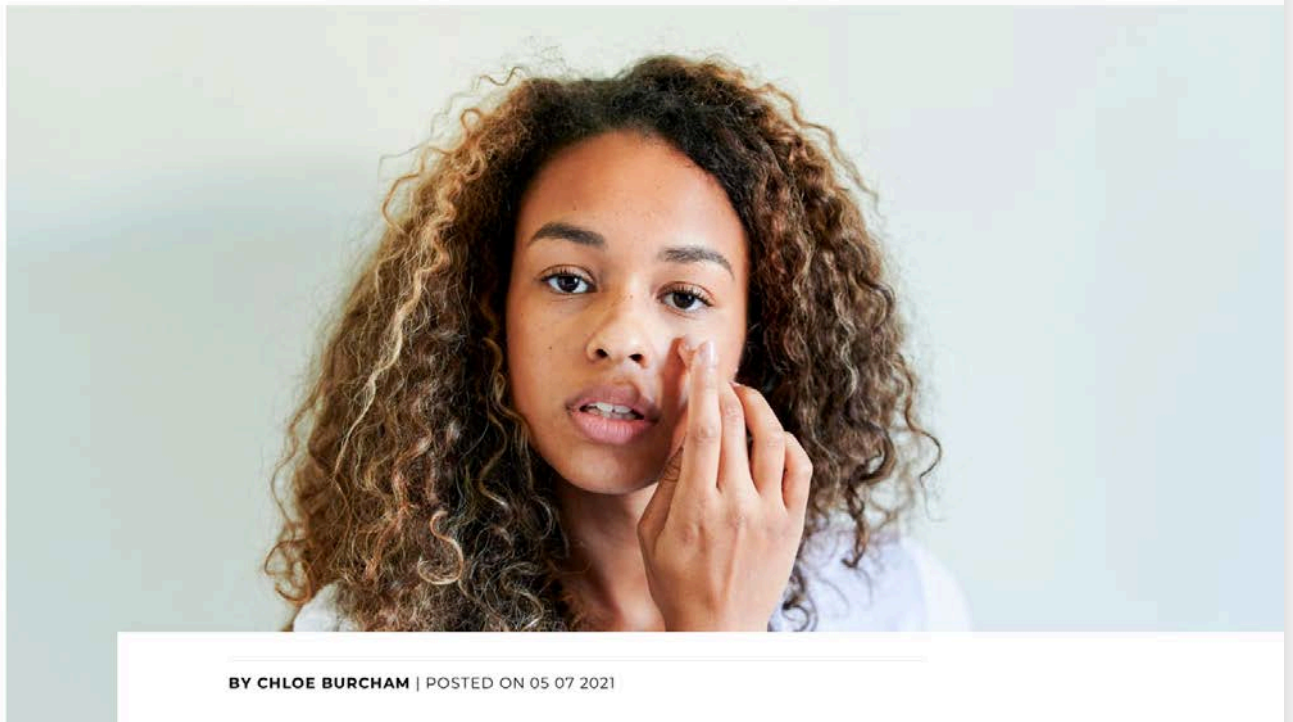
**OUT OF THIS WORLD**  
With Mercury in retrograde, it seems our written and spoken words, and decision-making, are affected, so if things are going wrong, blame the stars. To turn your luck around, Huda Beauty has released their Mercury Retrograde palette, a constellation of colours that let you create infinite looks.  
**£58, cultbeauty.co.uk**



**STAY SUN SAFE**  
Whether your summer plans involve a staycation in the countryside or cocktails in the city, staying protected against the sun is important. Supergoop! is infused with sunflower extract, creating a fast-absorbing, hydrating formula that protects against the sun's rays.  
**£20, setrldges.com**

## Your 12 Most Googled Skincare Questions Answered By A Dermatologist

Got a burning skincare question? We've (probably) got the answer...

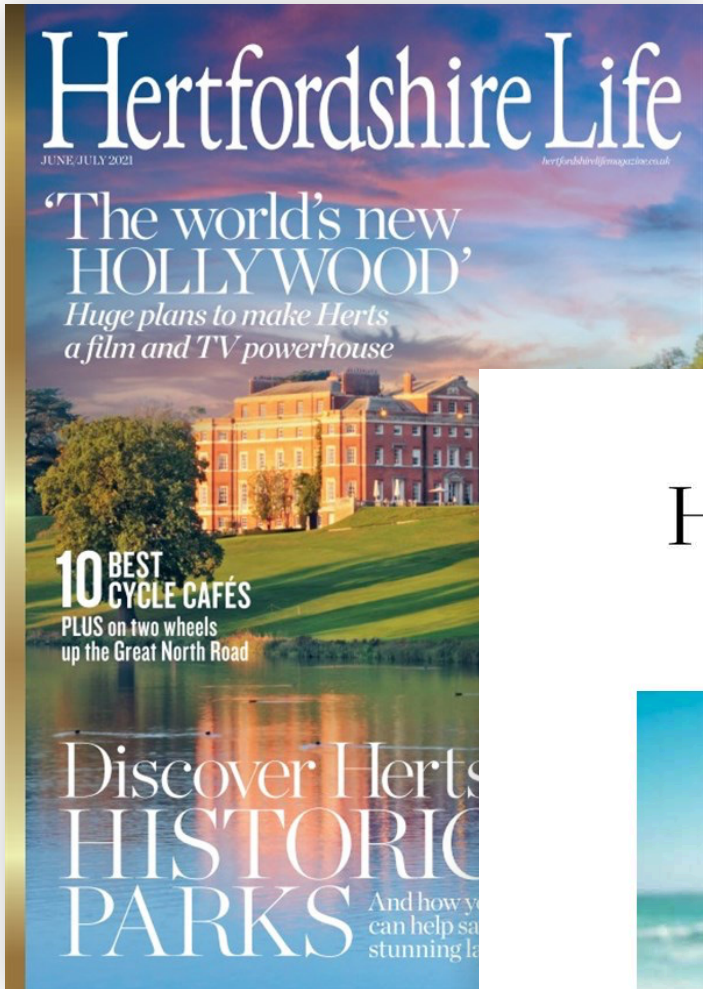


BY CHLOE BURCHAM | POSTED ON 05 07 2021

The world of skincare can be a minefield, with new [ingredients](#), viral treatments and must-have [beauty products](#) cropping up almost daily. So it's no real surprise that millions of people take to Google every day to debunk their skincare queries. But, can you always believe what Google tells you? When it comes to skincare, we believe that the real answers lie with the experts, but not everyone has a dermatologist on speed-dial. Which is where we can help. We put your most common skincare questions to [Consultant Dermatologists Dr Anjali Mahto and Dr Ifeoma Ejikeme](#). Whatever your skincare query, they'll likely have the answer below...

### "What Is The Best Skincare Line?"

'A few of my favourites include CeraVe, Murad, Biossance, U beauty, Sanex, ZO, Obagi, Olay, Dermaquest, The Inkey list, Eucerin and Shiseido,' says Dr Ejikeme. 'There are so many brands I love I could go on all day.'

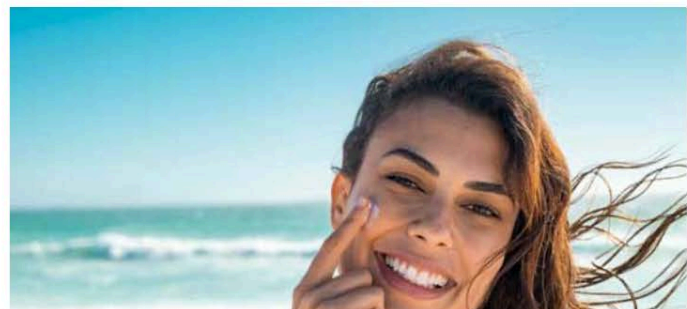


## BEAUTY

# Here comes the sun

Say hello to your summer skincare guide

WORDS: Alisha Davis



1. With cooling, soothing and refreshing properties, the **Summer Papaya Mask, £52**, [dermaquestinc.co.uk](http://dermaquestinc.co.uk), provides calming relief to sun-drenched skin.

2. For those with oily and acne-prone skin, **Exuviance Daily Corrector, £46**, [skincity.com](http://skincity.com), is designed to correct and prevent dark spots and sun-damage with an oil free formula.

3. Combining skincare and make-up, Lancôme's **Hydra Zen Beauty Balm Cream, £33**,

[selfridges.com](http://selfridges.com), is a soothing, tinted cream that moisturises, protects, boosts radiance and conceals imperfections.

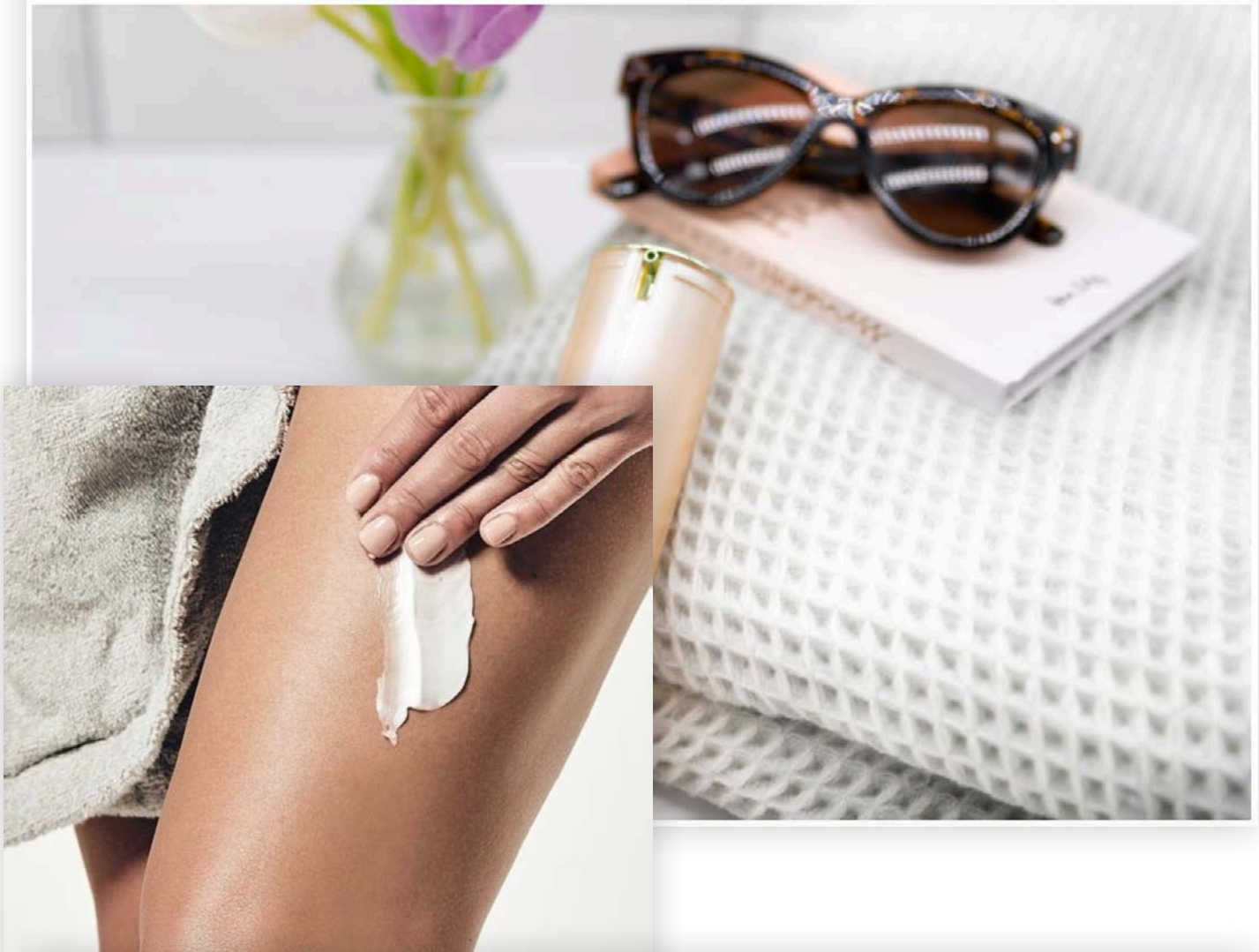
4. Protect your skin from the sun and still build a natural looking, gradual tan. **Protect and Glow Lotion, £11.99**, [skinnytan.co.uk](http://skinnytan.co.uk), has UVA and UVB protection, plus a gradual tanner built right in, so as you add protection every four hours, you build up a beautiful natural glow without the damage from the sun.

5. Helping to maintain a healthy glow and combat daily stressors, **Vitamin C Serum, £34.90**, [doctorsformula.co.uk](http://doctorsformula.co.uk), will help you look your best this summer.

6. Keep your skin healthy and hydrated with **Aqua Plus Multi-Moisturising Featherlight Cream, £25**, [lookfantastic.com](http://lookfantastic.com), which provides 24-hour non-stop hydration. Highly concentrated in dermo-soothing Mallow flower and in pure Hyaluronic acid, the cream sits gently on the skin to soften and smooth. ♦



**THE LUXURIATE LIFE GUIDE TO SUMMER WELLNESS 2021**



**DermaQuest GlycoBrite Hand & Body**

Specifically formulated to address ageing concerns on the hands and body, GlycoBrite Hand & Body lotion tackles everything from sunspots and wrinkles to a loss of elasticity. Boasting a 10% Glycolic Acid formula, this treatment cream accelerates skin cell turnover for an instantly more youthful appearance. Harnessing the brightening benefits of Shiitake Mushroom Extract, a natural alternative to Hydroquinone, it lifts and lightens pigment to diminish the appearance of pesky age spots. The combination of DermaPep Peptides and Sea Fennel Plant Stem Cells help further even out skin tone while locking in moisture, leaving skin feeling velvety smooth, toned and bright.

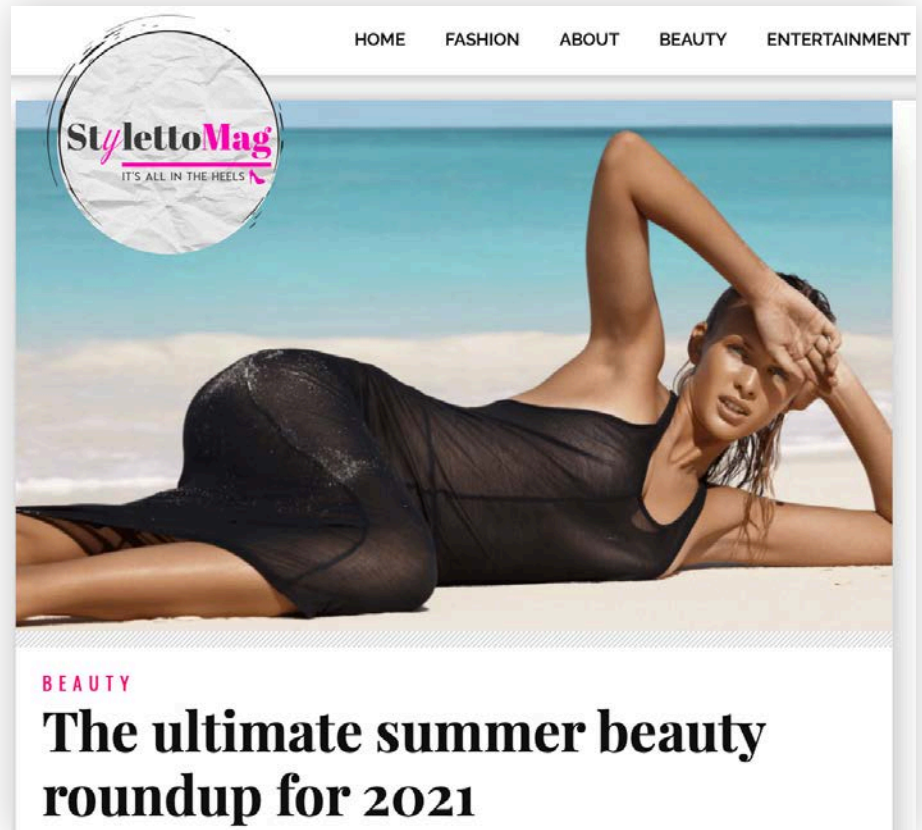
**From – [Dermaquestinc](#)**

**Price | £54**



*Featured:* Sunescape Instant Self Tan Mousse

*Circulation:* 10,000



**SUNESCAPE INSTANT SELF-TAN  
MOUSSE, £26**



**Boasting skin hydrating ingredients, this fool-hardy formula sidesteps the fake tan faux-pas and allows for a streak free application of natural colour.**

Enriched with conditioning macadamia nut, avocado and coconut oils and added antioxidants from green tea, kakadu plum, vitamin E and grape seed extract, it helps to nourish, plump and protect the skin to ensure an even distribution of sun-kissed glow. Its violet base exchanges Fanta undertones for a rich olive hue, preventing any orange-induced disasters. The fast-drying mousse develops in minutes and deepens within 3-4 hours, wearing evenly without any dreaded patchiness.

*Featured:* DermaQuest's Delicate  
Cleansing Cream

*Circulation:* 14,600,000



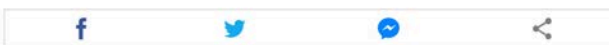
## Top tips to transition your skincare from summer to autumn

Comment



Natalie Morris

Friday 3 Sep 2021 11:04 am



Thicker moisturiser, exfoliating and humidifiers. (Picture: Getty/Metro.co.uk)

**We might not be ready for it, but autumn is basically here.**

With the new season comes darker days, colder temperatures and more blustery conditions. So, you need to think about what your skin needs.

Summer skin needs different things to autumn skin. Autumn brings in the cooler weather and a drop in humidity, which can make skin drier, as we spend more time indoors central heating and radiators can dry skin out even more.

So, making subtle changes to your skincare regime as we transition between seasons is the smart thing to do.

### Change your cleansing routine

'Naturally dry and sensitive skin types are less resistant to cold temperatures than other skin types, and therefore they need special care during the autumn and winter months,' says Annabelle.

'For these skin types, using the same cleanser you used in summer can cause irritation and flakiness when the weather is colder. Instead, choose sulphate-free, gentle, pH-balanced cleansers which are the perfect choice to combat winter-related dryness and sensitivity.'

Annabelle suggests the [DermaQuest Delicate Cleansing Cream](#), which she says restores skin's lost hydration and moisture balance to protect delicate skin from the elements.

'Neodermyl, the needle-free collagen and elastin booster, leaves skin looking firmer and smoother after continued use so it is important to keep up a consistent skincare routine,' she adds.



## BEAUTY

### Face time

Science-backed solutions for fresher-looking skin.

#### Time for tea

The humble tea plant has long been a fixture in skincare, scoring higher than many other antioxidants on the free-radical mopping, skin-cell protecting scale. Now brands are making tea the star of the show rather than a trusty workhorse out back, thanks to ongoing research into its multiple benefits. EGCG (a polyphenol from green tea) has thousands of research papers proving its sun-protective, anti-bacterial and anti-inflammatory prowess. 'It also inhibits collagen breakdown and induces DNA repair,' notes skin cancer specialist Dr Marko Lens. White tea, he says, has additional astringent and skin-energising properties, while black tea can help firm skin. Meanwhile, THBG, or diglucooyl gallic acid, found in green and black tea, blocks the skin's melanin-creating process in multiple ways to fade age spots and improve sallowness, redness and dullness.

#### Less is more

More recently used to describe the practice of taking tiny amounts of hallucinogenic drugs to manage mental health issues, 'microdosing' is a concept the skincare world is embracing as a gentler way to administer powerful-but-often-irritating actives. 'It means using acids, vitamin C and retinoids at much lower concentrations than the evidence-based strengths,' says dermatologist Jason Thomson of Skin & Me. 'Dermatologists have done it for years; it's how we build tolerance to these potent ingredients.' Microdosing also means there's more chance we'll keep using an ingredient we might otherwise give up on. 'Drip-feeding skin with a lower dosage avoids the "spikes" of an active ingredient that cause so much trouble, so people keep at it,' explains Dr Nancy Ilaya, global scientific director at Kiehl's. 'And that's how you get great-looking skin.'

Sunscreen as day cream  
Dermatologists once took a dim view of moisturisers with added sunscreen: SPF levels were too low and they rarely included UVA filters. But add antioxidants, repair complexes and high-spec hydrators to broad-spectrum SPF50 formulations, and you have multi-hyphenate protection that doubles as a day cream. 'Provided you use enough [a generous 1/2sp for your face and neck], this generation of cosmetic sunscreens has all you need,' approves dermatologist Dr Anjali Malto. She recommends those with dark skin look for iron oxides, too, which 'protect against the blue light implicated in dark spots and melasma'. Cosmetic doctor and oncologist Dr Fiona McCarthy is keen on high doses of antioxidants, particularly vitamin C. 'They help mop up the free radicals that make it past your UV filters, spelling trouble for your skin cells if not neutralised,' she explains.



FROM TOP: ZELENS TEA SHOT URBAN DEFENCE SERUM, £85; PLANT DPT ORYZA & TSUBAKI DRY REPAIR CLEANSING GEL, £29; Q+A GREEN TEA DAILY TONER, £8

Spectacle Performance Creme, £76  
Well over 30 carefully-dosed hero ingredients.  
Skin + Me Tailormade treatment, £19.99  
A subscription service employing small increases in actives to help skin acclimatise.  
Kiehl's Retinol Skin-Renewing Daily Micro-Dose Serum, £42  
0.1% retinol plus barrier-boosting ceramides and cell-renewing peptides.


FROM LEFT: PRIORI TETRA FX251 BROAD SPECTRUM SPF 50 SUNSCREEN LOTION, £75; HELLO SUNDAY THE ONE THAT'S A SERUM SPF45, £20; VICHY UV-AGE DAILY WATER FLUID SPF50 PA++++, £21

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VICTORIA WOOLLASTON-KEBER GEAR 19.09.2021 06:00 AM

## We tested all those LED face masks to sort out our skin

WIRED puts at-home light therapy LED masks to the test to discover if they really can improve your skin



We scanned our skin using the Himirror Smart Mirror before the start of each week, and at the end. This mirror scans your face and analyses your skin for signs of ageing, pigmentation, redness and large pores, with each skincare concern given a percentage. From this, we were able to see even the smallest of percentage changes following the use of each mask.

## Priori UnveiLED Mask

Flexible, silicone mask that offers decent skincare results



**Light settings:** Red/Near infrared | **Weight:** 200g (350g with power pack) | **Power:** Rechargeable battery via power pack

If it wasn't for the garish – and tad terrifying – design on the front of the **Priori UnveiLED mask (£340)**, it would be a near-on identical match for the Current Body model. They're the same size with the same velcro-based strap design. They offer the same mix of red and near-infrared ten-minute treatments, and they cost similar.

During our skin mirror analysis, very little separated their results in terms of improving redness and pigmentation with Current Body taking the edge. As the weeks went on, Current Body did pull away in terms of the improvement we saw in our skin but without the smart mirror, we may not have visibly noticed this.

We experienced a similar warming sensation when wearing the Priori mask as we did with the Current Body and this was made worse by the fact that the Priori mask was more uncomfortable to wear. It took us longer to get the location, and tightness of the strap correct. That said, when we did master it, the mask's fit was good.

**Pros:** Great at reducing redness and pigmentation; good fit once adjusted correctly


**Cons:** Ugly design; heavy battery pack

**Price:** £340 | [Check price on Amazon](#) | [DermaCare Direct](#) | [Priori Skincare](#)

**Yours** WELLBEING ▾ LIFE ▾ LEISURE ▾ MAGAZINE ▾ YOURS RECOMMENDS ▾ TECH ▾ COMPS ▾ SUBSCRIBE ▾

## PRIORI UNVEILED mask review

Find out what our tester thought of the PRIORI UNVEILED mask and why LED therapy could be perfect for you.



BY LORNA WHITE | POSTED 17 HOURS AGO

According to PRIORI, their UNVEILED mask is a lightweight, silicon-based **LED face mask** that delivers the optimum dose of temperature-controlled red and near-infrared light directly to your skin. It's a non-invasive, portable treatment which works without giving you any discomfort.

LED therapy works in a similar way to a facial treatment, such as a chemical peel, in which the skin's natural defences are activated, triggering the renewal process, production of collagen and cell stimulation without damaging the skin like a UVA or UVB ray would - pretty clever right?

LED tends to be suitable for all skin types, which makes it a great option for those who suffer from very sensitive skin and struggle to get on with other skincare products which might be too strong. However, a downside to LED therapy is that it does not offer instant results, meaning it requires regular use, which is why so many of us are investing in a light-mask of our own to use at home.

After just one 10-minute session with the PRIORI UNVEILED mask, your skin should feel plumper, more hydrated and instantly rejuvenated and radiant.

With some seriously impressive customer feedback and reviews, we were pretty excited to get started with using it...


**After three treatments per week for 4 weeks, users reported the following:**

- 96% experienced less visible fine lines with a 38% decrease in the wrinkles
- 95% experienced skin tone and texture improvement
- 95% experienced brighter and plumper skin
- 98% experienced firmer skin

**Product specifications:**

- Comes with a portable battery to charge
- Has an automatic switch off timer
- Includes a small bag for storage

### PRIORI UNVEILED mask



Price: **£340**  
[prioriskincare.co.uk](http://prioriskincare.co.uk)

**VIEW OFFER →**


This mask is really easy and straightforward to set up and use. The portable battery which plugs into the mask is easy to charge and took just a few hours. Once fully charged, simply plug the battery into the cable of the mask, pop the mask on and click the button.

The cable is long enough to easily fit into the hand when wearing it and short enough for it not to get in the way. I've not had to charge up the battery yet and have been using it a few times per week for a month which is impressive.

You use the mask on clean, dry skin. Simply pop some serum on your skin and pop the mask on. We personally used the Priori serum but you are able to use your favourite if you prefer. I tended to use the mask for 10 minutes in the evening 2-3 times per week.

As someone who has a history of rosacea in the family, I tend to suffer from redness of the face and an uneven skin tone, so my main hope for this mask was that it would even out the tone of my skin while making it appear brighter.

The results aren't instant, and this is certainly a product that has to be used overtime to see the full results.



Personally, I found it really worked for me, even in the space of a month. To test this out, I tried a week without using the mask and my skin tone became much more red around the cheeks, it felt far less firm and I even developed blemishes.

Although you might look a little scary when wearing the mask (trust us, it's worth taking a selfie while you've got it on), it doesn't feel like anything is happening on your skin. It is worth trying this on a patch of your skin before using it on your face just to check your skin doesn't react.

When you wear the mask, it's pretty impossible to do anything other than have a lie down and close your eyes, making it a great opportunity to have a bit of you time. Take that 10 minutes to meditate, listen to some music or a podcast or even call back that person you've been meaning to phone! Alternatively, have a good nap! The beauty of having an automatic off switch means you can truly relax with the mask on without having to worry about a timer as the button automatically switches the mask on for 10 minutes only.



## What are the pros?

I love that this mask is flexible and moulds around the face, fastening with a velcro attachment meaning it feels really comfortable to wear.

The fact this mask comes with a little canvas bag for when you're going away is a huge pro for me as I know it's safe and protected.

It couldn't be easier to set up and get started with.

## Is it worth the money?

There's no denying £340 is a lot of money for most of us. And if you're not big on skincare and anti-aging products, this mask is probably not one for you. When comparing it to other masks on the market, this particular mask is fairly reasonable, with the market leader costing over £400 with one even costing over £1,000!



## Would you recommend the PRIORI UNVEILED mask?

If you're serious about skincare, I can't recommend having an LED mask as part of your skincare routine enough, especially if you suffer from fine lines, redness and blemishes. For me, this mask is the best on the market thanks to its flexibility and portability compared to its competitors.

Yes, it's expensive, but when you consider how many years you will use this for, it is certainly worth investing in - even more so when you think about any expensive lotions and facials this mask could replace.

## THE LUXURIATE LIFE GUIDE TO HALLOWEEN 2021



### **Dermaquest**

To prepare your skin for some harrowing Halloween make-up this season and to protect against those cold October nights, first try out Dermaquest's Mini Pumpkin Mask to be sure to scare away any sluggish skin away. Leave those other witches and wizards in your wake as it is highly rejuvenating and brightening. Preventing breakouts and assisting with the release of comedones, the rich antioxidant benefits infuse the skin with essential anti-inflammatory benefits for healthy, radiant skin.

From - [DermaquestInc.co.uk](http://DermaquestInc.co.uk)

Price | £32





**TAKE A SUPPLEMENT**  
Hush & Hush Deeply Rooted Dietary Supplement, £55, [hushandhush.co.uk](http://hushandhush.co.uk)

Keep your hair in tip-top condition even before it's begun to grow by taking a supplement that will nourish the roots. This one is packed with essential vitamins.

## What works RIGHT NOW?

All the latest beauty innovations and what to expect in 2022

### Luxe lip colours

Chapped winter lips need extra moisture, but don't feel you have to compromise on glamour in order to keep them hydrated. **Nude By Nature Moisture Shine Lipstick in Pale Coral**, £13, [nudebynature.co.uk](http://nudebynature.co.uk), is full of nourishing jojoba oil and leaves a slick of pretty colour that will subtly brighten up the dullest of days.



### REPAIR YOUR LASHES AND BROWS

Has repeatedly getting lash extensions and brow tints ruined your natural look? Fear not. After four years in the making, lash serum experts Revitalash have come to the rescue with a brand-new Lash & Brow Masque, £40, [revitalash.co.uk](http://revitalash.co.uk). The Tri-Flora Complex, consisting of nutrient-dense ginseng, gleditsia and white nettle extracts, deeply nourishes damaged hairs and gives a big boost of hydration so they can get back to looking their best.

**TOP TIP!**  
Leave it on overnight for a deeper treatment



### Give facial oils A SECOND CHANCE...

Next-gen facial oils like **InLight Organic Face Oil**, £49, [inlightbeauty.co.uk](http://inlightbeauty.co.uk), **Monday's Child Skin Perfecting Oil**, £36, [mondayschildskincare.com](http://mondayschildskincare.com), and **Catrice Youth Repairing Sleep Oil**, £6.95, [justmylook.com](http://justmylook.com), are making waves in the skincare sphere. Smooth them over skin and see the nourishing, hydrating formulas work their magic. No stickiness or greasy feeling in sight.



### Dull, drab skin?

The festive season is all about overindulging, but come the start of January, your skin can look a little more sluggish than sprightly. To get your glow back, try an intravenous vitamin boost. We rate **Vitamin Injections Pick Me Up Shot with Folic Acid & Vitamin C**, £130, [vitamininjections.co.uk](http://vitamininjections.co.uk), for a radiant glow from the inside out!



beauty news

### 3 WAYS... TO BOOST HAIR HEALTH



**MASSAGE YOUR SCALP**  
**Bouclème Scalp Massager**, £12, [bouclème.co.uk](http://bouclème.co.uk). Lather up your shampoo with this scalp massager. It'll get into the roots for a deep clean and work to promote healthy hair growth.



**USE A HAIR MASK**  
**Gisoou Honey Infused Hair Mask**, £45, [selfridges.co.uk](http://selfridges.co.uk). Part of a haircare range infused with natural honey, this mask targets dry, frizzy hair and replenishes moisture for silkier, softer locks.



**TAKE A SUPPLEMENT**  
**Hush & Hush Deeply Rooted Dietary Supplement**, £55, [hushandhush.co.uk](http://hushandhush.co.uk). Keep your hair in tip-top condition even before it's begun to grow by taking a supplement that will nourish the roots. This one is packed with essential vitamins.

IMAGE: SHARON SUTHERLAND/ALAMY; GETTY IMAGES/ALAMY; COURTESY: HUSH & HUSH

**DID YOU KNOW?** 14% OF THE UK POPULATION ADMIT TO NOT CLEANSING DAILY\*

45% of Brits are now actively interested in buying products that are better for the environment, according to research\*\*

## PRODUCT LATEST

### 1. NEW REMOVAL



Natural skincare brand Monoskin has taken its botanical knowledge and entered a new beauty category - waxing. Using plant-based ingredients full of antioxidants that care for and protect the skin, the collection includes strip and hot waxes as well as pre and post products.

£9.95, [monoskin.co.uk](http://monoskin.co.uk)

### 2. SET STANCE



The new RefectoCil Brow Lamination Kit allows you to semi-permanently set brows in under 10 minutes. Containing two lash and brow perma, neutraliser, brush, application duster and eye care pads, each kit has enough for around 15 applications. It also comes with a refill option so you don't have to keep rebuying the entire pack.

£49.95, [capitalhairandbeauty.co.uk](http://capitalhairandbeauty.co.uk)

### 3. FINGER FOOD



Nothing sets off a mani better than hydrated hands and SND has given its Sensations collection a makeover, as well as introducing hand washes into the mix. Enriched with jojoba to cleanse and condition skin, look out for the fabulously fruity limited edition Strawberry & Prosecco scent.

From £3.25, [sneetysquared.com](http://sneetysquared.com)

### 4. BLONDE BOOSTER



All the experts know the key to lasting colour is heat and UV protection which is exactly what the Fudge Professional All Blonde 10-in-1 Condition + Shield Mist offers. Keeping every colourist's hard work looking better for longer, it also tames frizz, adds shine and hydrates. Blondes, get excited!

£15, [uk.fudgeprofessional.com](http://uk.fudgeprofessional.com)

### 5. LIGHT AS AIR



Hair masks are amazing for putting back what life takes out of hair (moisture, gloss, condition, strength) but often they can be too heavy for fine hair. Enter Aveda's new Nutriplenish Light Treatment Masque - a light gel-cream that can be left overnight or rinsed away and smells just like a spa.

£35.50, [aveda.co.uk](http://aveda.co.uk)

### 7. GREEN MACHINE



Super science brand PRIORI's new R-Spinasome range is fascinating. Containing antioxidants from USDA organic spinach leaves that are proven to improve firmness, decrease wrinkles, brighten skin and hydrate, the Ultimate Eye Crème also includes paracress extract to boost collagen. Impressive.

£149, [prioriskincare.co.uk](http://prioriskincare.co.uk)

### 6. COSY UP



Weighted blankets are growing in popularity and are a perfect addition to any treatment room. ESPA has just launched its own that's filled with soft polyester and glass beads and provides a gentle pressure that can help sleep, mood and relaxation. The soft grey colour will match all interiors too.

£90, [espaskincare.com](http://espaskincare.com)

### 8. SEEING STARS



Meet Kohl Kreatives' new make-up brush - Future Fortune - designed for blending and buffing with a non-rolling handle and raised braille. Plus, if you enter your birth year or Chinese Zodiac animal when you purchase it, you'll be sent a QR code that links to a 2022 audio prediction from award winning astrologer, Nicolas Aujala.

£8.99, [kohlkreatives.com](http://kohlkreatives.com)



Wellbeing  
BEAUTY

What skincare should I be using?



**S**tart by using a gentle cleanser which isn't going to upset your skin barrier, such as **Priori Gentle Cleanser LCA** (£20, [dermacaredirect.co.uk](http://dermacaredirect.co.uk)). If you know your skin's up to it and it's just rough and dull rather than being particularly sensitive, you could try using an exfoliating cleanser such as **NeoStrata Foaming Glycolic Wash** (£30, [skincity.com](http://skincity.com)). An exfoliating acid toner can also be great for making rough skin appear smoother and more luminous, but again, only use this when your skin is up to it and start by applying just twice a week. Hydrating serums will plump up your skin and nourish it more deeply. This will help to make your skin less dry, and will also soften and smooth the texture, as plumper skin cells reflect light back more evenly. Combined with the acid exfoliation you're getting, this should be exactly what you need. In the evenings, try a retinoid if your skin is able to handle it. Though

famously irritating, they are great for all-round skin regeneration and are hydrating too as they increase the deposition of glycosaminoglycans such as hyaluronic acid in your skin tissue. **Medik8 Crystal Retinal 1** (£39, [medik8.com](http://medik8.com)) gives the sort of results you see from prescription-level treatment - stronger skin with more collagen and elastin, a brighter complexion with more even pigmentation, a softening of lines and wrinkles, and a clearing of spots and congestion. There's hyaluronic acid, glycerin and vitamin E here too, to keep your skin hydrated while this regeneration is going on. Medik8's Crystal Retinal range is a 'step-up' system; once your skin is acclimatised to level one - which will take a tube or two - you can move up to level three.

If your skin really doesn't like retinoids, opt for a peptide serum instead. Peptides are chains of protein molecules which act like chemical messengers that switch

on useful processes within the skin, like collagen repair. Peptide molecules are large and difficult to get into the skin, but **Medik8 Liquid Peptides Complex** (£45, [medik8.com](http://medik8.com)) has an intelligent delivery system to get the ingredients where they are needed.

Finish your routine with a moisturiser full of skin-friendly lipids such as ceramides. These will help to rebuild the waterproof lipid layer of your skin barrier and help to address the problems causing your skin to be rough and dry in the first place. I like **Clinical Moisturising Complex** (£74, [skincity.com](http://skincity.com)) as it contains a whole bunch of top-quality ingredients including hyaluronic acid, to hold and bind water into the skin; soluble collagen to firm and smooth the outer layers of the skin; jojoba oil which acts as an emollient, to hold hydration in the skin; plus vitamin B5 and antioxidants - which together hydrate and soothe the skin.



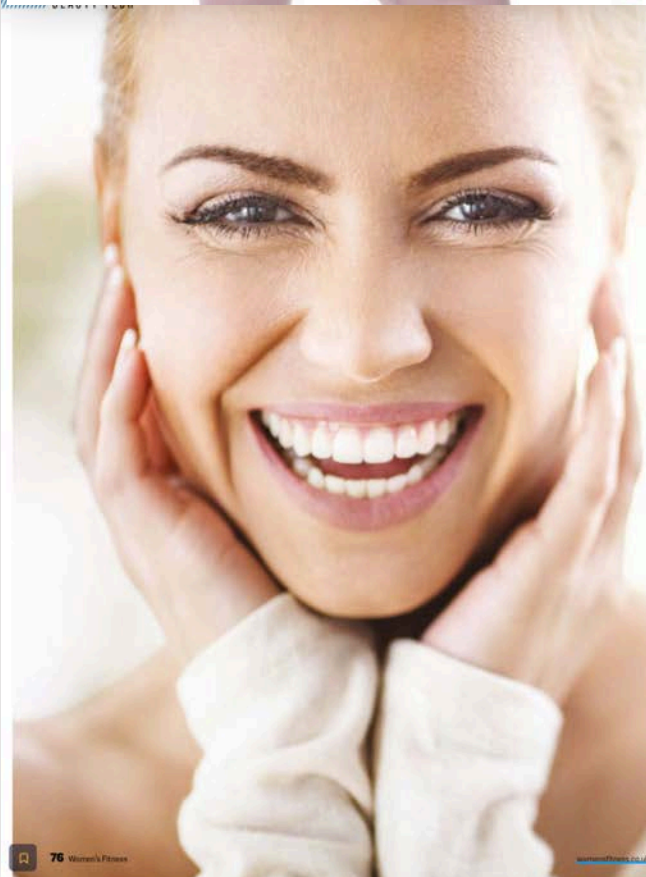
**The home facial**

**Priori UNVEILED LED Mask**

£340; [prioriskincare.co.uk](http://prioriskincare.co.uk)

LED therapy works similarly to a facial treatment such as a chemical peel, during which the skin's natural defences are activated, triggering the renewal process, production of collagen and cell stimulation, without damaging the skin like UVA or UVB rays might. Pretty clever, right? These masks are portable and suitable for daily use, making them a great option for those looking to treat the first signs of ageing or reduce acne-causing bacteria and inflammation.

**WF verdict:** 'After just a few sessions, my skin felt plumper, more hydrated and rejuvenated – all while sitting at home watching Netflix! The mask certainly looks strange but it was surprisingly comfortable, and my skin tone, skin texture and skin clarity improved noticeably. It was also really easy and straightforward to set up and use, with each session lasting for only 10 minutes.'



BEAUTY TECH

## GET GLOWING

Want salon-worthy beauty care from the comfort of your home? There's a gadget for every hair, skin and nails conundrum! Here's our pick of the best...

WORDS: Lucy Miller

No longer reserved for use by aestheticians, dentists or cosmetic doctors, in-clinic beauty technology and innovative beauty gadgets are rapidly making their way into our homes. In fact, the global beauty devices market is projected to reach an eye-watering \$173 billion (around £130 billion) by 2027 – a growth of over 18 per cent per year. From light therapy masks to facial steamers and home hair removal, here are the newest and most effective beauty tools to help you create your best self without an expert. It's time to beautify...

**The home facial**

**Priori UNVEILED LED Mask**  
£340; [prioriskincare.co.uk](http://prioriskincare.co.uk)

LED therapy works similarly to a facial treatment such as a chemical peel, during which the skin's natural defences are activated, triggering the renewal process, production of collagen and cell stimulation, without damaging the skin like UVA or UVB rays might. Pretty clever, right? These masks are portable and suitable for daily use, making them a great option for those looking to treat the first signs of ageing or reduce acne-causing bacteria and inflammation.

**WF verdict:** 'After just a few sessions, my skin felt plumper, more hydrated and rejuvenated – all while sitting at home watching Netflix! The mask certainly looks strange but it was surprisingly comfortable, and my skin tone, skin texture and skin clarity improved noticeably. It was also really easy and straightforward to set up and use, with each session lasting for only 10 minutes.'

**Panasonic X301 Facial Steamer**  
£129.99; [boots.com](http://boots.com)

The Panasonic Facial Steamer gives the gift of a spa day at home – there really is nothing quite like a dose of warm steam on your face after a long day at the office or a sweaty Spin class. The unique selling point of this compact yet effective steamer is the nano-sized particles, which are 18,000 times smaller than regular steam particles. This not only helps to rid tired skin of old make-up, daily grime and dead skin cells, but also reduces acne and sebum. Plus, it promotes deeper penetration of any topical treatments such as a face serum or moisturiser.

**WF verdict:** 'I loved its practical carrying handle and that you can choose your preferred treatment length. The full 12-minute hydration was the ultimate pamper, yet the quick three-minute deep cleanse was perfect when I felt tired and just wanted to jump into bed. My skin felt clean, moisturised and hydrated after just a few uses, and far fresher after a hard day of collecting grime!'

**The home aesthetician**

**Crystal Clear The Wand**  
£99.99; [crystalclear.co.uk](http://crystalclear.co.uk)

Chances are, having a daily facial isn't your reality, but this nifty little wand promises to give your skin a spa-worthy glow by producing gentle sonic vibrations that, in turn, send messages to facial muscles to contract. This helps create plumper and firmer skin, whilst simultaneously massaging the pharmaceutical-grade hyaluronic acid (that comes with the wand) into the skin for an instantly smooth and radiant look.

**WF verdict:** 'The wand is compact and super easy to use. I used mine whilst waiting for the kettle to boil in the morning or when chilling on the sofa after a long day. It's easy to store in your bag and charge via the USB, and quickly became part of a new morning moisturising and serum routine. Not only did products infuse into the skin, my eye bags, fine lines and wrinkles were less noticeable thanks to the wand's clever technology.'



and various forms to help heal and fight free radicals.

antioxidants soothe and nurture your complexion. The ingredients list includes active plant stem cells in this vegan and cruelty-free formula.

**ON-THE-GO PROTECTION**  
For easy top-ups of broad-spectrum protection throughout the day, dab on Whamisa Organic Flowers Sun Pact SPF50 (E28, [hollandandbarrett.com](http://hollandandbarrett.com)) using the cushion pad provided. Plus, with extracts of spinach and the addition of avocado and mango seed butters, it's a skin-nourisher, too.

**WHAT DID YOU SPRAY?**  
Shield your skin in a flash with HelioCare 360° Invisible Spray (E28.99, [helioicare.co.uk](http://helioicare.co.uk)), which protects from UVA and UVB rays, as well as infrared and blue light. This SPF50 body spray gives the coverage you want, without having to spend five minutes rubbing it in. Green tea extract and vitamins C and E add to the skin-loving benefits.

**GET A GREAT FINISH**  
Combine sun protection with an even and fresh skin tone using Evolve Organic Beauty Climate Veil Tinted SPF20 (from E28, [evolvebeauty.co.uk](http://evolvebeauty.co.uk)). The range has been extended to include three new shades – one lighter and two darker – so there's more choice. As well as protecting you from UVA and UVB rays and blue light, it treats your complexion with hyaluronic acid to hydrate and abyssinian oil to moisturise.

**MIGHTY MINERALS**  
Boost your make-up with some extra protection from a dusting of PRIORI Mineral Skincare SPP25 (E36, [prioriskincare.co.uk](http://prioriskincare.co.uk)). The nifty container delivers just the right amount of foundation powder to brush over your face, evening out the complexion, while protecting it from the sun's rays with zinc oxide. It also offers a treat for skin with 30 antioxidants on the ingredients list.

BEAUTY | SUNCARE

**BEAUTY SHELFIE**

## SUN DAY BEST

Enjoy summer days and keep your skin safe with these protective products.

**LOVING THE LIGHT**  
You'll get a lovely sheer finish with Jurlique UV Defence Lotion SPF50 PA++++ High Protection Lotion (E38, [jurlique.com](http://jurlique.com)). It smells gorgeous and the best thing is, the texture is so light it sinks in easily and quickly. It leaves skin wonderfully soft, as well as protected and the oil-free formula makes a great base for your make-up, too.

**GET A GREAT FINISH**  
Combine sun protection with an even and fresh skin tone using Evolve Organic Beauty Climate Veil Tinted SPF20 (from E28, [evolvebeauty.co.uk](http://evolvebeauty.co.uk)). The range has been extended to include three new shades – one lighter and two darker – so there's more choice. As well as protecting you from UVA and UVB rays and blue light, it treats your complexion with hyaluronic acid to hydrate and abyssinian oil to moisturise.

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**WHAT SUPP?**  
Promote a better night's kip with these super supplements.

**Hush & Hush MindYourMind** (from £35, [hushandhush.co.uk](http://hushandhush.co.uk)) is new to the UK from the US. The proven blend of natural, soothing, time-tested ingredients, including tryptophan, valerian root, holy basil leaf and magnesium, helps calm mind and body for a peaceful night.

**Together Health Night Time Marine Magnesium Complex** (£12.99, [togetherhealth.co.uk](http://togetherhealth.co.uk)) is a comforting and calming blend of five natural forms of magnesium to help you feel rested and restored. Containing all the benefits of ocean-sourced magnesium, the capsules also include a carefully selected combination of premium hops extract and natural 5-HTP from griffonia extract, which is indirectly involved in producing melatonin, an important hormone for sleep. Take two capsules 30 minutes before bed to help calm the nervous system, regulate your body clock and help promote a relaxed feeling.

**BeYou Plant-Picked Night Time Support Vitamins** (£19.99, 90 capsules, [beyouonline.co.uk](http://beyouonline.co.uk)) helps you drift off thanks to ashwagandha root to promote optimal relaxation and de-stressing, magnesium and B12 to support reduction of tiredness and fatigue, plus griffonia seed (5-HTP) to reduce restlessness and help you feel energised the next day. It also includes black pepper extract, vitamin B12 and zinc for immune support.

**together NIGHT TIME** (from £12.99, 60 capsules, [togetherhealth.co.uk](http://togetherhealth.co.uk)) is a comforting and calming blend of five natural forms of magnesium to help you feel rested and restored. Containing all the benefits of ocean-sourced magnesium, the capsules also include a carefully selected combination of premium hops extract and natural 5-HTP from griffonia extract, which is indirectly involved in producing melatonin, an important hormone for sleep. Take two capsules 30 minutes before bed to help calm the nervous system, regulate your body clock and help promote a relaxed feeling.

**Pukka Organic Night Time Capsules** (£7.45, [pukkaherbs.com](http://pukkaherbs.com)) promote sleep quality and calm your busy mind thanks to their broad-spectrum formula, which contains high-grade organic, sustainably cultivated herbs including valerian and ashwagandha.

**Well Actually, Neuro Night 5-HTP+** (£12, [wellactually.com](http://wellactually.com)) contains a blend of seven vitamins, minerals, plants and herbs to help calm your body and mind. This includes relaxing magnesium, active B6 to reduce stress, chamomile to calm, hormonal-balancing reishi mushroom and schisandra, plus 5-HTP to help increase melatonin production.

**Motion Nutrition Unplug Nootropic** (£24.99, [motionnutrition.com](http://motionnutrition.com)) contains magnesium, zinc, iodine, ashwagandha, rhodiola, L-theanine and Montmorency cherry, all of which are designed to help you wind down and prepare for quality sleep. A study found that after four weeks of using the supplements, sleep latency (meaning how long it takes you to fall asleep) dropped by 52 per cent, while sleep quality, measured by how refreshed study participants felt in the morning, improved by 32 per cent.

**RETURN OF THE MAG**  
"Research shows that taking magnesium can improve your overall sleep quality, especially for those who already suffer from disrupted patterns," says registered dietician and nutritionist Lola Biggs. "Magnesium helps release tension, limit the effects of cortisol and supports the deep, restorative phase of sleep by maintaining healthy levels of GABA, a neurotransmitter that promotes peaceful sleep."  
See page 47 for more on sleep.

**Dr. David Jack Sweet Dreams** (£45, [davidjack.com](http://davidjack.com)) promotes healthy, natural sleep patterns and supports your immune system with antioxidants in the form of vitamin C (which has the added bonus of helping your skin repair overnight), as well as optimum doses of zinc, magnesium and vitamin B6. The capsules are also gluten-free and vegan-friendly.

BEAUTY

**GLOSSY PICKS: WE REVIEW THE BEST BEAUTY AND WELLNESS LAUNCHES FOR FEBRUARY 2022**

February 20th 2022 / 0 comment



DEHYDRATION, PUFFY UNDER-EYES, ITCHY SCALP, SCARS, SORE MUSCLES - OUR PICK OF THIS MONTH'S BEST NEW LAUNCHES FEATURES SOLUTIONS FOR ALL OF THEM, AND MUCH MORE.

**HUSH AND HUSH TIME CAPSULE, £56**



"There's nothing like vanity for making you take steps towards becoming healthier and this age-proofing nutraceutical, newly landed in the UK, has quickly become my go-to multivitamin. It's packed with skin-boosting ingredients such as marine collagen, vitamin C and zinc but, by being anti-inflammatory (thanks to fish oil and turmeric) and offering antioxidant protection, it works systemically to support your immune system and also mitigate damage from things like sun, pollution and blue light - and it's an all-round multi-vitamin and mineral to boot. I was pleased to see it has a good dose of vitamin D in too (32iu, which is 640 per cent of your minimum daily requirement). There's also ginseng for energy.

"I have tried quite a few things from this new-to-the-UK brand and am impressed with all of it - I love the Plant Me vegan protein powder and the Mind Your Mind sleep supplement especially. There are no fillers or bulking agents, only clean and clinically-studied ingredients. No surprise that it has impeccable founder credentials; the brains behind it is Dr Marc Ronert (the plastic surgeon co-owner of [Image Skincare](#))."

Victoria Woodhall, GTG editorial director



Featured: H&H SkinCapsule Clear  
Circulation: 248,288

**OK!**  
ISSUE 1335 • 18 APRIL 2022 • £2.60 WEEKLY

**EXCLUSIVE INTERVIEW & PICTURES**

**EXCLUSIVE**  
EMMERDALE STARS  
**LUCY PARGETER & EMMA ATKINS**  
'THERE'S AN INNATE TRUST BETWEEN US'

**EXCLUSIVE**  
**OTI MABUSE**  
REVEALS HER NEXT BIG SHOW AFTER MOVING ON FROM STRICTLY

**EXCLUSIVE**  
**MARTINE MCCUTCHEON**  
ON HOLIDAY IN DUBAI  
'AFTER A MANIC 12 MONTHS, IT'S BEEN GREAT TO RECHARGE'

**OLYMPIAN & TV PRESENTER**  
**SAM QUEK**  
INTRODUCES HER ADORABLE SON ZAC AFTER A TRAUMATIC BIRTH  
'I CRIED WITH RELIEF WHEN HE ARRIVED - I CAN'T WAIT TO WATCH THEM GROW TOGETHER'  
'I'LL BE BACK AT WORK NEXT MONTH - I NEED MY INDEPENDENCE'

**EXCLUSIVE**  
Peace Print For Ukraine  
**Jane Foster** £25

**SHADES OF PINK FOR GOOD SPRING**

**Empire** lampshade in Sama cotton (base available separately) **Pooky** £34

**Woven bag** Dune £120

**Drapers English** Rhubarb, Cardamom & Orange Pink Gin **The Bottle Club** £36.99

**Glow-Y Lip Oil** Pixi £14

**Skirt** Claudie Pierlot £159

**Mini Eggs** twin pot Cadbury 95p

**Peony & Blush** Suede Cologne Limited Edition **Jo Malone** London £102

**Flats** Boden £85

**SkinCapsule** Clear's **Hush & Hush** £32

**shirt** H&M £9.99

**Daffodil** nakin rings **H&M Home** £6.99 for 2

**Mini Eggs** £1.99

**Peony & Blush** Suede Cologne Limited Edition **Jo Malone** London £102

**Flats** Boden £85

**SkinCapsule** Clear's **Hush & Hush** £32

**www.ok.co.uk**



**new!**

Featured: H&H SkinCapsule Clear  
Circulation: 206,071



**THIS WEEK**

those must-have buys



Drapers English Rhubarb, Cardamom & Orange Pink Gin  
The Bottle Club £36.99



British Tulips Bouquet  
Bloom & Wild £30



BuddyPhones  
Cosmos+  
Noise Cancelling  
Headphones  
Amazon  
£99.90

**FASHION DIRECTOR'S PICK**



Napkin ri  
H&M Ho  
£6.99 for

**SHAL GREEN TREND SPRING**

Bag Dune  
London  
£120



# Notebook

Featured: H&H SkinCapsule Clear  
Circulation: 371,540





Featured: H&H SkinCapsule Clear  
Circulation: 258,856





# SOCIAL MEDIA MENTIONS

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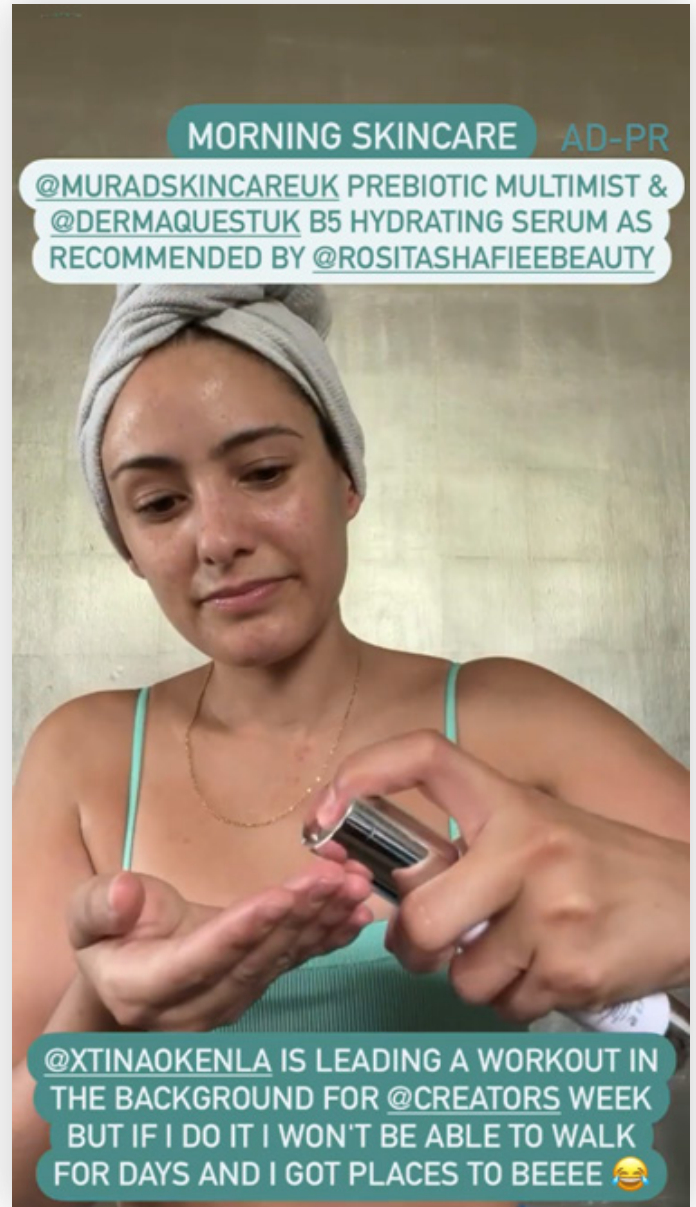
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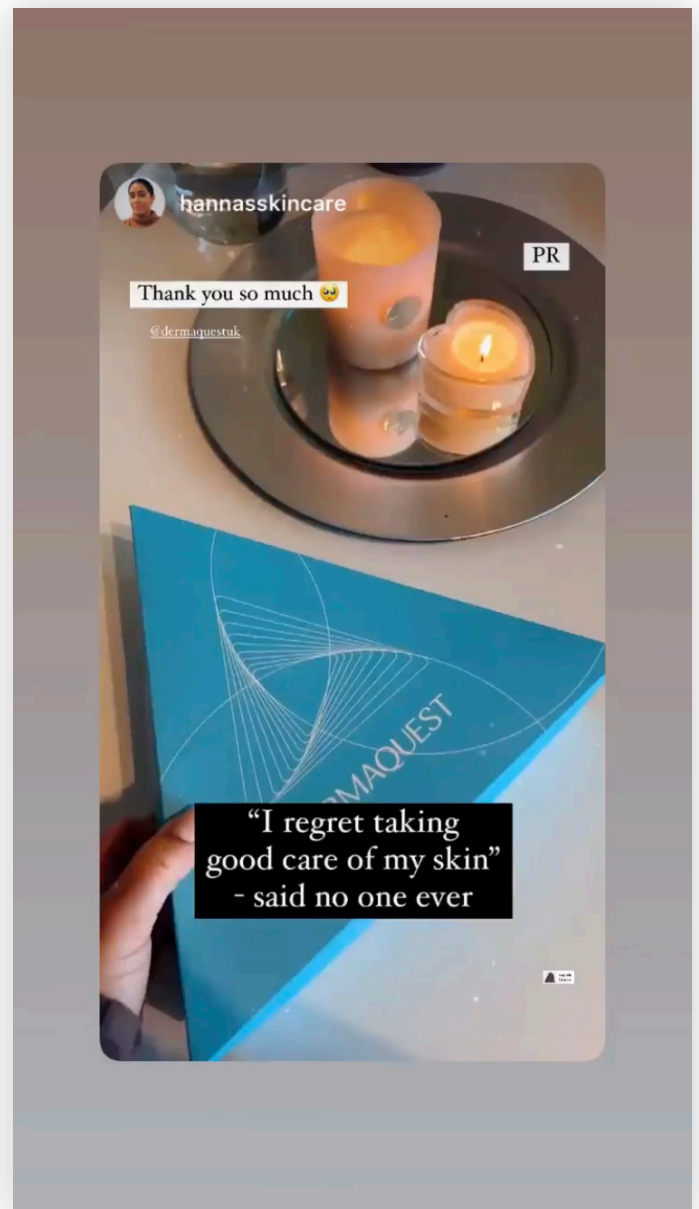


♥️ WOC

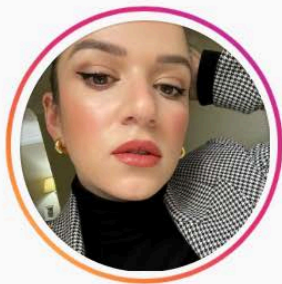
♥️ Oily / combo brown skin

♥️ 📧 Hannasskincare@gmail.com

📍 UK







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285 posts

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KELA | GIVEAWAYS

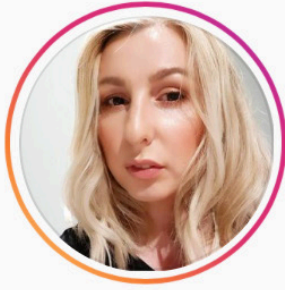
Beauty 🔄 Fashion

📍 London, United Kingdom

*Last post for tonight I promise! I wanted to leave best for last!*



*The delicate daily moisturizer has now become my everyday cream! Personally I enjoy using this cream SO much! The texture is perfect, it's fragrance free, my skin feel hydrated and calm, it helps with redness and distressed skin! I LOVE this cream so much and would happily recommend to anyone @dermaquestuk ❤️*



madaboutbeautyuk

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322 posts

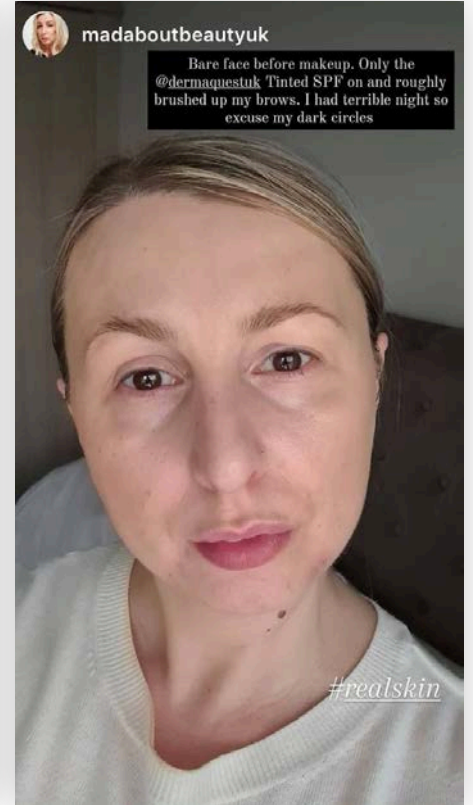
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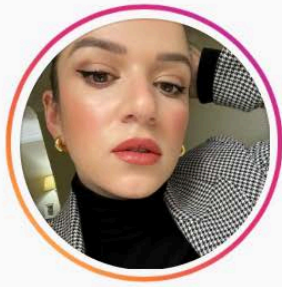
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📱 Freelance Digital Creator





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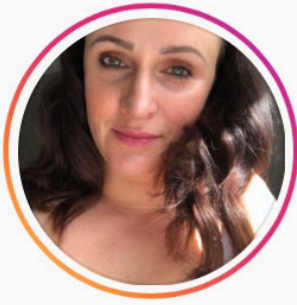
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anitaaarch

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**ANITA ARCH**

♡ Pretending to be a photographer

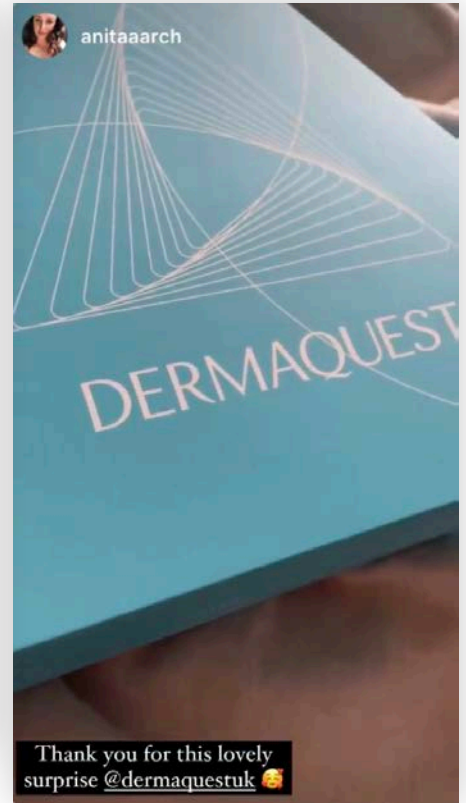
♡ A weirdo for real



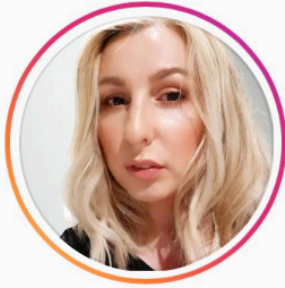
Thank you for this lovely surprise @dermaquestuk 🥰



hannasskincare "I regret taking good care of my skin" - said no one ever



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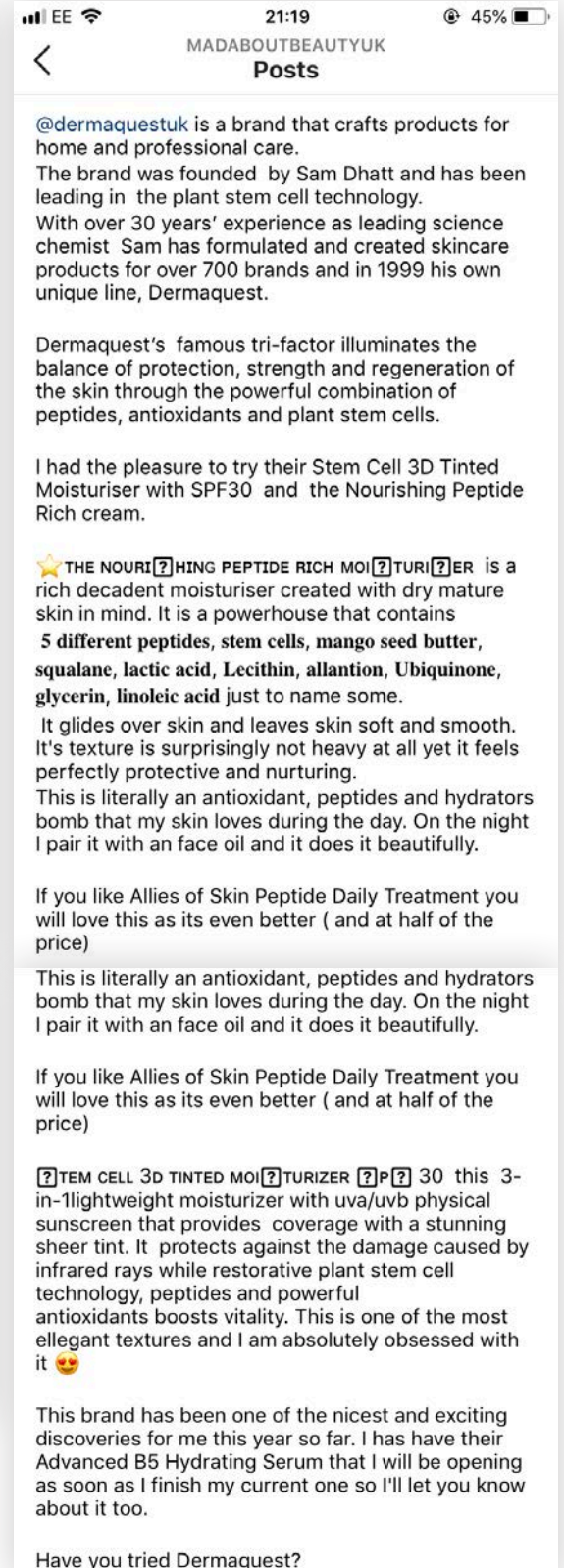
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Beauty and Lifestyle blogger

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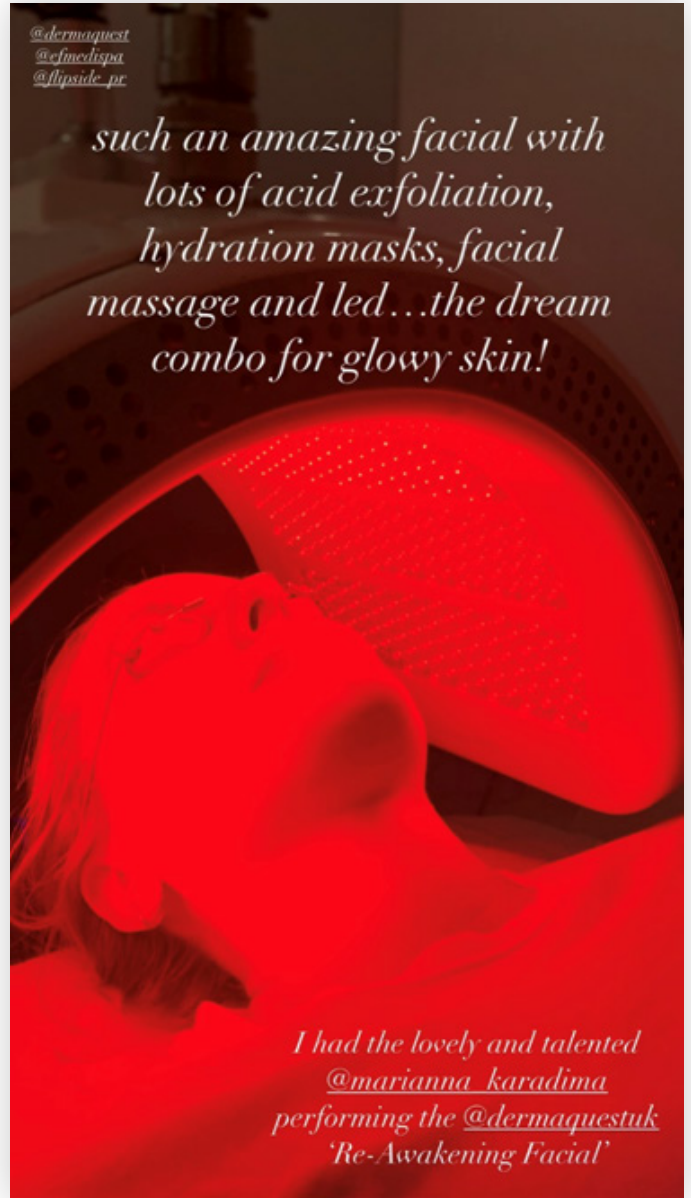
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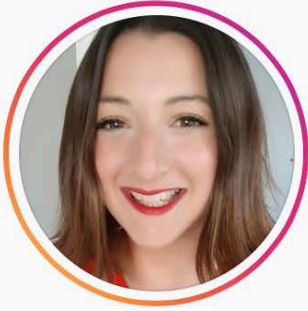
Sophie Tilley

Makeup Artist 🎨 Writer 📖 Beauty Tailor ✂️ London 🇬🇧

Featured in Vanity Fair, Glamour, Brides, SheerLuxe, Tatler & The Times

[www.sophietilley.uk/blog](http://www.sophietilley.uk/blog)





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DM me to join #TheOutspokenPanel

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outspokenbeautynicola Monday Product Round Up

Happy Monday!

Here are the lovely things I talk about today:

[@lorealparis](#) True Match Foundation

[@mdmflow](#) Billionaire lipgloss

[@teoxane\\_uk](#) 3D Lip

[@trinnylondon](#) Katya Fresh Flush

[@loccitane\\_uk\\_ire](#) Ultra Light Body Cream

[@dermaquestuk](#) Delicate Cleansing Cream

[@anxietyjosh](#) [@dlcanxiety](#) Untangle Your Anxiety

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[@invisibobble](#) hairband



1,067 views

2 DAYS AGO



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Jeremy Langmead

Author

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